Schizophrenia -- The View From The Inside....see Features page 10-11

medium II

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Paul Henderson speaks at Residence Don's Brunch Series

Former NHL player addresses Erindale community on his five rules for success

By Geoffrey Kushnir

It is doubtful that many Erindale students were around when Paul Henderson made his mark on Canadian sports history. In fact, most Erindale students probably do not know who Paul Henderson is. Yet it was Paul Henderson's goal that sealed Canada's victory over the Russians in the 1972 Canada-Russia hockey series and, for perhaps one brief moment, united a nation.

Henderson was a guest of the Erindale College Dons on Sunday for the commencement of their Celebrity Brunch Series 1995. While he now employs himself as a motivational speaker for corporations such as General Motors, Irving Oil, and Consumers Gas, he came to Erindale not to motivate, but to share the experiences he gathered through 18 years of professional hockey.

"I'd like to get you to think about some things," he said. Using hockey as a metaphor for life he suggested how his experiences, both on and off the ice, taught him some very valuable lessons.

Henderson, who opened by declaring, "If you ever enjoy a modicum of fame, enjoy it while it lasts," suggested that life can be made better by keeping five rules in mind.

On Sunday's Celebrity Brunch Series, Paul Henderson entertained staff and students with anecdotes on his experiences in hockey.

photo by Jamie Tyndall

He believes that it was by following these rules that he was able to achieve the success he enjoyed in hockey, and still enjoys in his personal life. He also credits his disappointments to occasions when he didn't follow them.

The first rule, he claims, is to enjoy yourself. This consists of having a positive attitude and remaining enthusiastic about life. "You need to keep things in perspective," he insisted, and suggested that this will enable you to remain positive about the future. Henderson obviously enjoyed his career as a hockey player, and he allows that this factor was instrumental in his success.

The second rule, that he also credits to his inclusion on the 1972 Canadian team, is to make a commitment. Henderson said that he made a commitment to that team whether he played or not. It is your commitment, coupled with your unending enthusiasm, he said, that will make any dream possible. He also suggested that dreams are important and sometimes we don't dream large enough.

Thirdly, he said, is dedication and "a real desire to excel." He said it is important "not to do things half way, do them the best," and that you are "never a failure until you blame someone else." For university students, he claimed, the two most prominent factors that will alter their future course consists of the people they associate with and the books they read. As students, he said, we have access to numerous valuable books, and we should associate ourselves with 'movers and shakers'. This drive to succeed, and dedication to a goal, he suggested, is often infectious. Henderson claimed that one of his disappointments, his present exclusion from the Hockey Hall of Fame, is largely the result of his lack of dedication to bettering himself in the summers and a general lack of

see "Henderson" on page 4

Toxic chemical spill forces evacuation of staff and students at St. George

By Jennifer Lee

Many chemistry students had a short break from class Saturday morning when U of T's Wallberg Memorial building was evacuated due to a toxic chemical spill.

The spill, which was reported at 10:45 a.m. began in room 1125, an engineering lab, and fumes spread through air vents to the rest of the building. "What happened was someone in the building smelled the unusual smell and notified us," replied Constable Reid of U of T police, and added that they immediately contacted the Toronto Fire Department.

According to Reid, 2 to 3 litres of the solvent escaped from a 200 litre drum. The solvent escaped when the gasket (a rubber ring used as a seal) of the drum broke down. Firefighters evacuated over 100 students and staff by pulling the fire alarm. Constable Steve Cox, of U of T police, who attended the scene, said "a lot of them [people in the building] didn't even know about the spill." However, he stated that there was no damage to the building and no one was hurt. Cox added that a couple of officers and a student inhaled small amounts of the fumes and were immediately treated by the ambulance present. They reported some dizziness but "after breathing in some fresh air, they were fine."

The chemical, known as methyl-iso-butyl-ketone is commonly used in paints and paint remover. A colourless substance, it has a very pungent smell and is known to be explosive under high pressure. The solvent also elicits toxic fumes. After everyone was evacuated, members of the Toronto Fire Department's Hazardous Materials Response Team contained the fumes and ventilated the building. According to Cox, "the Fire Department transferred the toxic substance from one container to another and used fans to get the fumes out."

Students who were evacuated from the building said that chemical spills are not uncommon. Added third year chemistry student, Khanh Nguyen, "I was in the middle of my lab when the fire alarm went off, but I didn't think much of it since it goes off quite often. It wasn't until I was told to leave that I thought that maybe it wasn't another false alarm." Many part-time students and staff who were in the building added that the smell was not concentrated.

Around 3 p.m., after the affected area was sterilized, people were allowed back into the building.

Amalgamation of services supported by staff, questioned by students

By Leon Aureus

An important aspect of Plan 2000, the Student Services Plan is geared to amalgamate student services in the South Building. Under Appendix 8 of the Plan, the Career Centre, the Writing Lab and Special Services will be relocated to a section of the Meeting Place which is currently occupied by the stage and the study room (previously the smoking room). In addition to these changes, office space will be allocated for St. George-based services and new rooms will be constructed to provide space for seminars and workshops to create a "one-stop shopping area."

The Career Centre and the Writing Lab, located on the third floor of the South Building are not on the main pedestrian paths and have been difficult for students to find. The current design of these offices also makes it difficult to use space efficiently and conduct workshops. The Special Services' offices, located at the Crossroads Building, are far from the other services and the Library, which contains many of the facilities needed for Special Services students. In addition, the planned addition of St. George-based services will provide Erindale students local access to downtown

With the proposed amalgamation of services, many students feel they will miss the social atmosphere they presently enjoy at the Meeting Place.

photo by Jamie Tyndall

services where currently there is none.

According to the plan, students will also have access to computer work-stations containing programs for topics such as career searches and information from the registrar, as well as ATM-type machines that will give students access to their records and GOPHER information systems. There will also be an area where various publications provided by the services can be picked up. Photocopiers and fax machines will be provided for student use, rounding out the concept of "one stop shopping."

Administration believes that by locating these services in one area, staff can work more closely together to create optimum programmes that will better serve students' needs as well as increase the efficient use of resources. The sharing of office space also increases the possibility of extended hours of operation.

"Conceptually it is a good idea," said Phillip Dimitroff of the

see "Students" on page 3

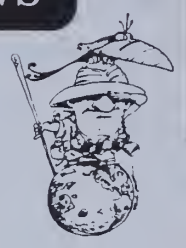
WHAT'S ON

Week of January 16 - 22 1995

"We don't need to [right] justify our opinions!"

- Tamara Wickens

CAREER CENTRE NEWS



IMPROVE YOUR RESUME

RESUME CRITIQUE BLITZ!
Wednesday, January 30, 11:30 a.m. - 2:00 p.m., Room 3129

- Bring your own Résumé draft to be critiqued
- First come, first served

WORKSHOPS

PARTICIPATE IN THE CAREER CENTRE JANUARY WORKSHOPS AND IMPROVE YOUR JOB SEARCH SKILLS!

- **Interview Skills**
  January 16, 1:00 p.m. - 3:30 p.m.
- **How To Find Unadvertised Jobs**
  January 18, 4:00 p.m. - 6:00 p.m.
- **Discovering Your Career Options**
  January 19, 10:00 a.m. - 12 noon
- **Résumé And Cover Letter Seminar**
  January 23, 10:00 a.m. - 12 noon

EXPLORE YOUR CAREER OPTIONS!

PARTICIPATE IN THE **EXTERN** PROGRAM - May 8-12, 1995

- Assess Your Career Goals
- Gather Career Information
- Explore Your Options

APPLICATION DEADLINE: FEBRUARY 24, 1995

DROP BY THE CAREER CENTRE, ROOM 3094, SOUTH BLDG. FOR MORE DETAILS

STUDENTS

ARE YOU INTERESTED IN EARNING EXTRA CASH???

The Erindale College Child Care Registry is expanding its data base of student babysitters.

- The purpose of the Registry is to match parents with student babysitters & child care services that best suit their needs.
- Referrals to parents will be based on your experience and times you are available.

To Register, contact Lorraine Otoide
828-3846 or visit Phase V in unit 227.

Clubs Corner

USC

invites U to a

24hr. FAST

on January, 20 - 21 at Erindale Campus in the Meeting Place Time: 4 - 5pm. Come and Support USC's annual events. Lots of games, prizes and surprises. Pick up your forms at USC's office (Crossroads #52) or at the event. See U there!!!

Club Punjab

Welcomes you back and wishes you a HAPPY NEW YEAR!

Currently:
- Gym days Tuesdays 4-6pm

Upcoming events:
- Ski Trip • Skating • Movie Night

Next Meeting:
Mon. January 23, '95

University of Toronto Italian Club of Erindale

would like to notify all of the upcoming by-election for the vacant position of I.C.E. Secretary, A Nomination list will be posted at the I.C.E. Office located at the Crossroads Building Rm 69 from Wednesday Jan. 18, to Friday Jan. 20 @ 4:30 pm

MODELS NEEDED
Auditions Jan 23, 24, 25
3-5pm in rm #15 of Crossroads Bldg.

Erindale Arab Student Association (E.A.S.A.)

3rd General Meeting on Monday January 16, 1995
Rm. 15 at the Crossroads Building.E.A.S.A.

BAKE SALE at the Meeting Place on Wednesday & Thursday January 18th & 19th 1995.

Want to learn how to Fly?
Why not start with gliders? The Wright brothers did. On January 18 from 6pm in Rm 2072. Professor David Gibo will show a 30 min. competition gliding video and answer questions about this enjoyable sport. David Gibo has been flying for 20 years and has been training glider pilots for four years.

REGISTRAR'S OFFICE NEWS

IMPORTANT DATES

January 20th

Last day to change sections in S and B courses.

January 27th

Last day for 50% refund in S and B courses.

SNOW PHONE HOTLINES

Each campus has a Snow Phone Hotline for information about the cancellation of classes during extreme weather conditions:

Erindale Campus: (905) 828 5399, press 1

St. George Campus: (416) 978 SNOW *(7669)*

Scarborough Campus: (416) 287 7080

News

Students question effectiveness of relocation of services

continued from cover

Writing Lab, who agreed that their offices are in an obscure area. However, he posed concerns about noise and privacy. With the high volume of traffic expected in a central services area, Dimitroff is concerned that the higher visibility will increase apprehension about asking for help and the noise will disturb those students receiving assistance. "Our service, unlike the other services, is an academic one which needs privacy," he said. "I'm for the move as long as they can create office space in the back and it is relatively privatized." Dimitroff questioned whether the Student Centre, now in the planning stage, would not serve as a better location for all students, especially those who have a majority of their classes in the North Buildings.

Career Centre Manager Yvonne Rodney is taking the proposed move with a grain of salt. Since her arrival at Erindale last September, she has heard of plans to move the Career Centre. "Students want more workshops, more individual counselling and more hours [of operation]," she said. With only two offices, a limited staff and long waiting lists, she welcomes the possibility of more space that will allow the Centre to help more students. "The bottom line is that anything that's going to maximize services for students, I'm all for." Rodney affirmed, however, that she did not want students paying more for these changes. When asked about her feelings regarding working with other services, she responded that it would be difficult to get a feeling for this until further action is taken on the amalgamation plan.

Kim Miller

photo by Jamie Tyndall

Although she has voiced concern in the past over the privacy issue and the location of the proposed amalgamation offices, Special Services Liaison Officer Kim Miller agrees that there are positive aspects to the proposal. "From a student services perspective, it would be a much more ideal location," she said. Creating a more integrated student assistance programme, "...would make it easier to communicate with our colleagues," she added. However, she stressed that the major concern of Special Services is the availability of space for students writing supervised tests and exams and the corresponding privacy needs of these individuals.

Sue Prior, President of the Erindale Part-time Undergraduate Students' Association, supports the move. She feels that students who generally congregate in the area that will be replaced by the new offices will have the new Student Centre to meet and converse in. "It makes sense to have them [student services] all together," she said, "I don't think it will diminish the humanity of these services." She encouraged anyone who has concerns or suggestions about these plans to attend Erindale College Council meetings in order to make their opinions heard.

Students themselves were either completely unaware of the planned amalgamation or did not know many details about the proposal. After a brief summary of the Appendix 8 Plan, responses were positive although somewhat skeptical. Third year Commerce student Tony Aiello was in favour of a centralized service area but had some reservations about its effectiveness. "I'm sure it will be a lot more convenient," he said, "but I question how effective it will be during peak times during the school year, like fall registration. If logistical problems like these are accounted for, then the students community will benefit, but in light of the current down-sizing of courses and funding reduction issues, I wonder how much of a student community there will be left to serve by the time these offices are built!"

Other students were concerned that the move would alter the relaxed social atmosphere of the Meeting Place.

"...in light of the current down-sizing of courses and funding reduction, I wonder how much of a student community there will be left to serve by the time offices are built!" -- Tony Aiello

NEWS IN BRIEF

Attention All Residence Students!

Are you dissatisfied with Erindale Residence's rules, regulations and policies? You now have the opportunity to change them. There will be a general meeting for all past and present residence students on Wednesday, January 18th at 4 p.m. in the Colman Lounge. No Administration or Staff will be present. Have your voice heard.

How to Find Unadvertised Jobs

The Career Centre is offering seminars and tips on how to find summer jobs. Don't be left in the cold! Sign up now at the Career Centre in room 3094 in the South Building. Among the events scheduled, there will be a seminar on how to find unadvertised jobs held Wednesday, January 18th in the Career Centre.

Peel Community Health offers Seminars and Courses

Health Services is presenting three new seminars in conjunction with the Peel Community Health Centre. The Stress Management Seminar begins January 19th, the Self-Esteem Seminar starts January 17th and Body Image Awareness on January 18th. To sign up, visit Health Services. Seminars will be held in room 2068B.

Get Your Marks Appealed

An Academic Appeals Guide will be issued by the Students' Administrative Council (SAC) on January 31th. The Guide contains information on how to appeal your own marks and can be picked up at the SAC office downtown.

Liberal Party heads into U of T's Model Parliament debate with 43% of the votes

By Dom Mochrie and Jennifer Lee

The voting on Tuesday and Wednesday of last week signified the start of U of T's annual Model Parliament.

Leading with the largest number of votes from all three campuses, the Liberal Party will head into the debate with 43 seats compared to the Progressive Conservative party with 31 seats, the New Democrat Party with 18 seats and the Reform Party with 8 seats.

Overall results from Erindale were 68 votes for the Liberals, 46 for PC, 35 for NDP and 8 for the Reform Party. The results from votes all three campuses were 175 for the Liberals, 127 for PC, 74 for NDP and 31 for Reform.

The annual event, which began 12 years ago, gives students the chance to vote for their favorite political parties. According to Nick Panou of The Young Liberals of Erindale, "The students get an opinion poll of what party they like and during the campaign periods, all votes are calculated downtown." The seats are first divided according to the popular vote, then each party's seats are determined between the representative party clubs at each campus.

Each year, a different level of government is simulated. This year the parliament will be federal. While there were no formal speeches for students to base their votes on, there were party posters all around. Erindale and party leaders were available for comments at booths set up in the Meeting Place.

Members of political clubs were busy getting students to cast in their votes for the debate which begins January 27 at Simcoe Hall.

photo by Jennifer Lee

The parliament reflect reality as much as possible. Topics for debate are current and relevant. According to Panou, it is very important that the speakers stay on top of the issues: "if they haven't read the newspaper that day, they'll be nailed." Panou stated that the Model Parliament is a way for student political clubs on campus to gather together and debate. "There are a lot of touchy issues that come up." Last year's debate included health care, condoms in prison, and whether Canadian cities should try to gain entry to the NBA. Other topics, introduced for comic relief, included attacking Greenland for profit.

This year education and, more importantly, tuition hikes will likely dominate the debate.

Deputy co-ordinator, Rafael Salamon said that they will be having several guest speakers this year from the Liberal and NDP Parties as well as Lieutenant Governor Henry Jackman. Added Salamon, "we always manage to get a speaker from all the parties. We sent invitations to all four parties this year, but only had responses so far from the NDP and Liberals."

Salamon encourages everyone to attend Model Parliament. He stated that he has met several individuals who took part in Model Parliament in the past who presently hold a prominent position in political parties.

The parliamentary debate will be held January 27, 28 and 29 during the day at Simcoe Hall.

Computer Centre implements new log-on method to deter hackers

By Ottavio Cicconi

Security concerns have forced Erindale's Computer Centre to adopt a new method of logging-on to the Tuzo system currently in operation on IBM PC's.

Joe Lim, manager of Erindale's Computing Services, said that previous offenses committed on this system have necessitated these changes. According to sources at the computer center, the problem began several months ago - people logged on without a record. Of particular concern was a death threat sent from one Erindale system to another. Unfortunately the old menu system that was in place made it impossible to find out from whom and from what computer these violations stemmed. Because of flaws in the old system, hackers and others who thoroughly understood computers could use and abuse the system as they so desired, leaving no trace of their illicit activities.

The Computer Centre said they were aware of the problem from the beginning, but just could not find the appropriate software to solve it. The new system now in place essentially keeps a log of all users' actions, therefore eliminating the possibility of such illicit activities undetected. Lim insists that the installment of this new feature is not intended to monitor user activities, but rather to maintain network integrity and personal security.

To operate on this new menu system, users will need a 3.5 floppy diskette. The Computer Centre hopes this method will eventually be phased out. Because all the computers at Erindale are linked, it will be two to three weeks before everything on the new system is finalized.

To log into the Tuzo system, students must first log into the PC network by selecting option '1' at the initial menu. Then they are asked to enter their login ID and password for the PC network. They are then asked to select option '4' (Network Utilities) from the student menu and then select option '1' (Connect to Tuzo) from the submenu. At the UNIX login, students can prompt their login ID and password for Tuzo.

CAMPUS WATCH

The Campus Police have been handing out yellow slips to make students aware of the new Tobacco Control Act at Universities across Ontario. The Act states that smoking is not allowed in buildings on campus, however, students are permitted to smoke outside. The Campus Police said they have been easy on students during the first few months in which the Act was implemented. Students who are handed the yellow slip are required to co-operate.

Last Thursday, an intoxicated high school student was cautioned and escorted off campus property. Campus Police said that the male student was apparently let into the Pub by an employee who was unaware he was a high school student. After being given a warning, the student was lead off campus by his friends.

Henderson outlines his five rules for success at Brunch Series

continued from cover

dedication to achieving that goal.

Personal discipline was his next rule, and he said this is made up of "the willingness to go the extra mile". He insisted that one must take full responsibility for the fulfillment of their dreams, but he also encouraged seeking good advice. "Often people will encourage you to believe in yourself and your dream and this is important", he said, "for you don't want to go through life regretting not having tried for something you dreamed of."

"Often people will encourage you to believe in yourself and your dream and this is important ... you don't want to go through life regretting not having tried for something you dreamed of."

His last rule was that you need to be determined to make things happen. This consists of not being merely one in the crowd but, as in his case, "you need to be the one who scores the goal." This is possible, he asserted, for anyone who is completely dedicated.

Henderson, who turns 52 next week and has been married for 32 years, claims that his biggest success in life is his marriage, and this success is also based on his enthusiasm, commitment, dedication, discipline and determination. They are qualities that apply to all areas of our life, but we must also acknowledge that we will still make mistakes because we are always learning. However, it is an acceptance of our weaknesses, he suggested, combined with our determination to improve ourselves that will separate us from the rest.

The Celebrity Brunch Series 1995 continues on Sunday, February 5, 1995, when Erindale will be visited by Olympic Rowing Gold Medalist Kay Worthington.

For information contact the Residence Dons at:
(905) 569-9134.

Attention all Erindale Clubs!

medium II offers a free listing service.
All clubs are asked to fill out the club's submission form at medium II if they want their ads to be published.
Club submissions will be accepted during the week from Monday to Thursday at noon.
Priority will be given to new listings.

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Health Centre offers sexual assault counselling for students

Erindale now has a new sexual assault counsellor and educator, Patti McGillicuddy.

McGillicuddy, who visits Erindale every three weeks will be holding workshops, presentations and consultations available to student groups and individuals. As a sexual assault counsellor and educator, McGillicuddy will focus on a large range of issues including childhood sexual assault and abuse, partner assault, as well as violence related to gender, race, culture, class, sexual orientation and age.

Her functions include counselling for individual students, staff, Deans, Dons, student/peer counselling groups and other university and student services. She will also develop and implement a group programme, develop specific resources and counselling support for U of T and participate in the refuge room project.

McGillicuddy is also free to provide information on specific issues of assault and abuse. She aims to develop educational resources, workshops, presentations particular to each campus, as well as to complete training for student dons, peer counsellors and other academic groups. McGillicuddy also hopes to explore possibilities for academic curriculum development.

McGillicuddy will also participate in Sexual Assault Support Groups, and will act as a liaison with the Equity Committee, Women's Studies, International Student Centre, Personal Safety Office, Sexual Harassment Office, First Nations House, Registrars' Offices, Part-Time Student Associations and Students' Administrative Council Offices. McGillicuddy also hopes to increase the accessibility of services on campus.

To make an appointment with McGillicuddy, call (416) 978-0174, or book appointments through Health Services by calling 828-5255.

McGillicuddy's next visit will be on January 25th.

Dean Catherine Rubincam addresses women's issues at Caucus' open house

By Marilyn Fraser

On Wednesday evening, January 11, the Erindale Women's Caucus held their first open house.

In a comfortable, congenial atmosphere, approximately 15 people gathered for coffee and snacks and to discuss the problems a woman with a family faces when pursuing an education, a career, or both.

Guest speaker Professor Catherine Rubincam, Dean of Humanities, pointed out that for many women, the problems can be unbelievably difficult. Rubincam, mother of four children, ages 8 through 16, noted that if you try to do it all, you "just don't do any of it well."

Everyone is juggling as many things as possible. "I have an exceptional spouse, a partner who assumes more than 50%," said Rubincam. She also emphasized that Administration is a tough situation to be in and Humanities involves a lot of extra hours. Most professors take work home.

Juggling a job, getting an education and having a family are particularly strenuous for the woman who is the caregiver for the family. Rubincam says she tries to prepare the food for the week ahead on the weekends. For the rest of the week, her husband helps, but she says he is not a good cook. He does meet the basic needs and the kids would love to eat hot dogs every night!

Dean Catherine Rubincam spoke at the recent Women's Caucus open house about how she balances family life and a professional career.

photo by Chris Hill

Many women expressed feelings of guilt - of not being there for their children. As well, some women raised the issue of having a nanny. When the nanny leaves, to get married for example, the children are very upset at losing their caregiver. They have difficulty adapting to a new nanny. They feel 'Mom' ought to be there when they have a problem.

The driving force behind the Women's Caucus is Sue Prior, President of the Erindale Part-time Undergraduate Students' Association, and Dr. Abramovitch, Professor of Psychology. According to Prior, the focus of the new group has not yet been established. The Women's Caucus is concerned about issues important in women's lives and hopes to establish a Women's Centre similar to the ones at St. George and Scarborough campuses.

Prior is concerned that Plan 2000 may affect the future of a women's program. The Women's Caucus needs to establish a mandate and try to implement the program as soon as possible. The Caucus plans to meet on a monthly basis.

Volunteers Wanted
For
"SCIENCE PLUS EXPO '95"
Sunday, February 19, 1995.
ERINDALE'S ANNUAL "OPEN HOUSE" Further information from:
Dr. F. Szeicz, Room 2043, 828-5366
eMail: fszeicz@tuzo.erin.utoronto.ca

Feeling Stressed Out?
Work Got You Down?
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Is offered by Peel Community Health Contact Health Service at 828-5255 for information.

Self Esteem Group starting ..... Jan 17th 7 - 9pm for 8 weeks in room 2068B
Body Image Group starting ..... Jan 18th 11am - 1pm for 8 weeks in 2068B
Stress Management seminar ..... Jan 19th 5 - 7pm in room 2068B

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FAMILY COVERAGE AVAILABLE
Family coverage (spouse and children) is available to members of the APUS Health Plan for an additional fee of $86.40 ($80.00 plus 8% P.S.T.) Your application must be filed with the APUS office between January 2 and February 3, 1995. Forms are available at APUS, Scarborough Campus Students' Council and the Erindale Part-Time Undergraduate Student Association.

OPT-OUT AVAILABLE
If you already have supplementary Health Coverage (e.g. a Blue Cross Plan) you may choose to opt-out of the APUS PLAN and receive a refund of the Plans fee. **To apply for a refund you must provide proof of this coverage and fill out an APUS Health Plan Refund Form in the APUS office Rm.1089 Sidney Smith Hall.** You can apply for a refund between January 2 and February 3, 1995, if you are taking B & S courses **ONLY.** Forms are available at APUS, Scarborough Campus Students' Council and the Erindale Part-Time Undergraduate Student Association.

For further information about the PLAN, the OPT-OUT provision or the FAMILY COVERAGE contact the APUS office at (416) 978-3993.

APUS
THE ASSOCIATION OF PART-TIME UNDERGRADUATE STUDENTS

Editorial

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Gabe Galambos •Maen Saleh•Cindy Lewis

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Stand up and take notice--our ball hockey league is biggest in continent

The familiar stench of perspiration fills the air of the South Building, causing one to conclude that the 1995 Ball Hockey season must have begun. Once again students are skipping classes, coming to school much earlier than they have all year, and finding the motivation to get out of bed at seven in the morning for the sacred tradition we Erindalians call the EBHL.

Erindale's Ball Hockey League was never the tradition it is today. Over the past two decades it has blossomed into a 600-player league with a very competitive edge. Last year's league comprised the largest intramural sport in North America. What is the fascination? What is the attraction?

Ask those students who have graduated and are willlling to take a mere half course in order to play the game. These people have left university only to return to play in the intramurals.?! Anyone who has taken time out from the league, ony to return to it, knows why you return. You return because you miss the camaraderie of being with the guys you played with for five years.You miss the competitive spirit, the energy, the aggression. Once you've played, you cannot stop.Once you are suited up and on the floor, you know why you came back. After five years, you would think most veterans wouldn't care who wins what game, but these days statistics are everything.

Take for instance the Ball Hockey Preview *medium II* has published for the last three years. It was one of the most popular editions of our paper. In fact, *we* only have fifteen copies of last year's on file. If that is not an indication of the popularity of the sport and the intense competition of the league, what is?

What is most remarkable about the league is that it is the one factor which binds a community of at least 600 students. It gives us something to talk about and relate to, if Plan 2000 bores us. Everyone is concerned about whether so and so will make the playoffs, or about so and so's injury. We even go so far as to ensure our names are spelled correctly and our goals and assists records are kept up to date.

What is this thing called ball hockey? It is the one thing that Erindale students are not apathetic about. Hell, there are more participants in ball hockey than there are voters in some student government elections. Ball hockey is a positive thing for Erindale and it would be nice if the rest of UofT gave it the attention it deserves.

Yah Ted, it does get me home without having to take the bus but who asked you anyway. Today we have a joint BOD and EB meeting. It is very important that everyone attend. 4 p.m. I have a small problem with people who have very little to do but take forever doing it. It's about time people got their shit together and started taking this job seriously. You see, when your editor and your copy editors make changes, that doesn't mean you ignore them, or pick and choose which ones you'll use. Remember that some of us have more experience. In addition it is important to remember schedules., that press releases are not stories, they are only a starting point. And quotes from other sources means we did not do our jobs. Bearing in mind that we are part of a team, and that every member must pull their weight if we are to succeed.

Plan 2000 will undermine needs of undergrads

There are several problems that I have with Plan 2000. First of all I would like to point out the inopportune time that students were given the *opportunity* to voice (not that anyone was listening) their opinions and concerns. I'd like to say thanks, but no thanks to the Erindale Administration for setting meetings and bringing up extremely important issues during EXAM TIME!!! Now if that doesn't tell you that student input was being sought, I don't know what does.

There is a lot of talk of all these new *graduate* programs that will be offered with the implementation of Plan 2000, and how Erindale will be the only post-secondary institution offering new graduate programs such as Forensic Sciences. Plan 2000 would be fine if it simply added these programs to its existing programs, however, many undergraduate courses would be eliminated according to this new plan!

Basically, if Plan 2000 does not offer any type of graduate program to further the undergraduate program, many of the existing undergraduate programs at Erindale (i.e. Language courses, Sociology, The Professional Writing Program etc.) will cease to exist. The brilliant creator(s) of Plan 2000 need to stop and consider Erindale College's mission statement:

EXCELLENCE IN UNDERGRADUATE EDUCATION!!!

I feel that if Plan 2000 is implemented and many of the excellent undergraduate programs are cut because they are not worthy of a graduate program, this implies that my undergraduate degree from the ever so prestigious U of T will be deemed worthless.

The funds that may be allocated to the proposed amalgamation and relocation of the Career Centre and Writing Lab could be better spent more on something like... MORE STUDY AREAS!!!

Administration, faculty and all other UofT staff need to spend more time planning more effective and efficient ways to serve the students; *we* are the reason they have jobs!

Kathleen McDermott

Erindale student seeks more publicity of clubs

I think it would be a good idea if *medium II* published a list of the clubs at Erindale in a small column. The list should include the name, affiliation, location and any contact phone number. It could run on a regular basis in a small corner so that anyone wanting to find out about joining any clubs would just have to pick up a copy of *medium II* for the information.

Is there a Geology or Rock and Mineral Club at Erindale? Is anyone interested in such a club?

Marilyn Fraser

Good grammar is a must-especially at Erindale

If you happen to be thinking about enrolling in a third or fourth level English course, you may want to polish up your grammar beforehand. Imagine getting back that paper you worked so long on to make perfect. You turn to the back page and low and behold you see an A! Wait a minute, below that shining A (80%) is a -14 and a 66% circled as your final grade! What on earth happened? According to the English Department's grammar rules, you incurred a total of seven grammatical errors worth a whopping 2% each! Ouch!

It turns out that the English Department at Erindale deducts 2% per grammatical error up to a maximum of 20%! This ridiculous marking scheme is in its second year of implementation and has caused a lot of heartache amongst third and fourth year English students. Now I'm not implying that good grammar and English don't go hand in hand, but, less drastic measures would be appreciated. There must be another method to help us improve our grammar skills, without affecting our average as much. I see two major problems with this grammar policy: first, St. George Campus English Department has no such rules; and second, there is no mandatory grammar course for individuals enrolled in the English Program. The way I see it, if marks are going to be taken off at Erindale, the same rules should apply to all Campuses.

Good grammar is an essential key to effective communication in this world. However, as an English Major myself, I personally don't see why Erindale students, above anyone else, should face lower GPA's because of these grammar rules. The University of Toronto, (as I last checked), is one university, which only emphasizes why rules such as these should be consistent. Either make it consistent or don't make it at all!

In the meanwhile, for those of you who are struggling with grammar, the Writing Lab is an excellent outlet for grammatical corrections. You may also want to have a friend in your class proofread for you and vice versa. There are also several books at our library that deal with the mechanics of writing. Most importantly, if you are not sure about something, just ask. Nothing is worth getting 2% off per error. So eager English Majors beware, and polish up your grammar or get on that shuttle to St. George!

S. K. Vedi

LETTERS POLICY

medium II **accepts all letters but will not publish those that incite violence against an identifiable group or person, those that are clearly racist, homophobic and sexist or libelous. Letters will be published at the discretion of the editor and may be edited for brevity and coherence. Priority will be given to timely topics and new writers. Drop off all letters to *medium II*, Room F18 in the Crossroads Building.**

Perspectives

Has capitalism created this country's economic woes?

It would be unrealistic to believe that Canada is not experiencing a serious economic crisis. After all, Wednesday's *Wall Street Journal* reported this country to be an honorary member of the Third World. Whether anyone should believe the right-wingers at *The Wall Street Journal*, is of course, best left to the reader to decide. However, the post-World War II golden years of the 1950s and 1960s have long gone and the years ahead call for hard choices and decisions which clearly will not please all segments of the population.

The status quo on deficit reduction and cuts centers on the reforming of social programs and government services. Clearly, the boys on Bay Street are horrified that the government may try to solve the debt problem by confronting the most socially irresponsible group in Canadian society: big business. The elites tell us big business creates jobs, although I am not convinced.

WHEN VIEWS COLLIDE
PROGRESSIVE
KOUROSH FARRAKZHAD

Through media manipulation, criticism is deflected away from corporations and elite populations and is instead transferred on the weakest, most susceptible segment of society: those who rely on public services. After all, how could these people ever hope to defend themselves in the public circus without any public relations executives or spokespersons? It's a brilliant tactic: people who are dependent on government aid, are obviously the easiest targets to be labelled as parasites on the system. In a game of survival of the fittest (capitalism), it is completely justified to kick them when they're down.

Therefore, the right-wing plan is to reform welfare, kill post-secondary education funding, revamp health care, cut spending on such vital services as day care, public education and so on. Leave big business alone. Continue government subsidization of corporations. Maintain the tax loopholes which allow those Canadian citizens and corporations who are the most affluent to shift the tax burden on the middle class and the poor. Ignore the cost of governmental catastrophes caused by big business, and let the government continue to pay for clean-up operations. Finally, create a society in which only the rich can afford to go to University and thus ensure that the cycle is maintained and the elites are insured against the parasites.

The question is, should we as Canadians strive to create such a right-wing shift in our values concerning the future of our country? This country was founded on the notion that we should provide a safety net for those citizens who for some reason or another, have been excluded from the system in which we live. Capitalism is not a wonderful economic system which treats all people equally and rewards innovative behaviour. It is a system which may provide opportunities to a population, provided there is some control over the way it manifests itself.

The deficit has to be reduced. Some government programs should be reviewed. However, cutting government programs is not a cure-all to the economic woes of this country. Big business should be hit as well. Tax loopholes should be eliminated. It is the government's responsibility to find its biggest financial drain without attempting to accommodate the demands of the powers that be. Only a balanced approach to this very serious problem will result in a tolerable solution.

The first step in rectifying the debt crisis is to acknowledge that there is a crisis. Many Canadians, particularly those left of center, still deny that there is a problem and hence reject all attempts to cut government spending. What they do not comprehend, however, is that government is still spending the same amount of money, and that an increasingly higher percentage of this money is directed toward servicing the debt rather than funding social programs. Interest payments on the debt are rising because the debt keeps rising.

This brings us to the crux of the problem: why is the debt rising? It is because the government is continually running budgetary deficits (spending more money than it takes in), and each of these deficits gets added to the national debt. Therefore, the only solution lies in balancing the budget to stop the debt from growing, and the only way to do this is to cut spending.

WHEN VIEWS COLLIDE
CONSERVATIVE
MIKE FILONIENKO

This creates a debate over which areas of spending should be cut or be spared. Ontario PC leader Mike Harris, in his "Common Sense Revolution" plan, outlines three areas which would be spared from cuts (healthcare, classroom education and law enforcement), and proposes to cut all other spending by 20%. He also proposes to cut personal income taxes by 30% thus sparking economic growth as Ontarians would have more money to spend. This in turn would create private sector jobs.

This plan is truly rooted in common sense, and it should be adopted by our federal government. The feds should preserve health care transfers, the proposed trust fund for post-secondary education loans (ICLRP), and military funding. All other areas of lesser importance should be cut. For instance, funding to special interest groups, expensive multicultural programs, public infrastructure projects and handouts to businesses should be eliminated. Welfare transfers to all provinces should be made conditional. Provinces would have to replace welfare with workfare, thereby enrolling able-bodied recipients in mandatory job training programs or making them earn their assistance through community/social work. Canada should also be lowering its level of foreign aid and being more selective in what peacekeeping missions it undertakes.

A serious attempt at balancing the budget is necessary if this country is to preserve the vital aspects of its social safety net. Cutting spending in less vital areas is the only answer. Further tax increases will end up in lost revenue as overtaxed Canadians are forced to spend less, thus impeding economic growth. A better idea would be to cut the GST by about 3%. The Liberals should borrow some of Mike Harris' common sense when drafting their upcoming budget.

Mike Filonienko is the President of the Erindale Progressive Conservative Association. Kourosh Farrakzhad is a Political Science graduate and former editor of Peace Magazine.

Talking Heads

Do you think Ball Hockey is the least violent sports at Erindale?

Laurie Bamford
"Ha! Ha! Ha!"

Omar Rampaul
"Yes, but many of the players don't know the rules like the Hitmen goalie."

Chuck Farrell
"What the hell is ball hockey?"

BOARD OF DIRECTORS ELECTIONS

CANDIDATES FOR THE MEDIUM II PUBLICATIONS BOARD OF DIRECTORS ARE:

MIRA JELIC, President of the Erindale Serbian Students' Association and Clubs Section Editor of the yearbook.

KI-YOON LEE, Erindale College Council member and Vice President Finance of the Erindale College Progressive Conservative Association.

WHO CAN VOTE: All full-time or part-time students registered at Erindale College who have paid the $7.25 medium II incidental fee.

DATE: January 19, 1995

TIME: 10-4:30 p.m.

LOCATION: Medium II Office, Room 18, Crossroads Bldg.

Medium II Publications' Board of Directors acts as a governing body for the newspaper. It is responsible for the financial, legal and managerial administration of the paper. The Board, however, does not have the power to influence editorial content.

NOTICE TO ALL STUDENTS:

After years of subsidizing our photocopying service *medium II* has no choice but to raise our price per copy to price to 6¢ to meet our monthly lease payments. Unfortunately, the increased use of the Campus Card has drastically reduced our volume, affecting our ability to maintain the copier. Anyone who presently holds one of our copy cards will still have 5¢ copies. Anyone who buys a card from Monday, January 16th onward, will pay $7 for the first card and will get 100 copies @ 6¢ ($1 is the cost of a deposit on the card). We will provide you with better service and increased hours of operation to compensate for this change.

Any student who is interested in contributing to *medium II* need not be intimidated. We are located in room 18 of the Crossroads Building. We are looking for reporters who will investigate leads, creative writers for Features, reviewers for Arts and Photographers, and ball hockey writers for Sports. No experience is necessary, just enthusiasm.

Erindale College Student Union

Attention 1995 Graduates!

The time has come to decide where that special night will be! Please submit any suggestions to the Grad night box located at the Info Booth in the Meeting Place.

Resumes now being accepted for positions of Chief Returning Officer and Deputy Returning Officer for ECSU referendum/election. Honorarium to be determined later. Please submit resumes to Steve Taylor, Chair of the Election Rules Revisions Committee and President ECSU. room #11 in the Crossroads Building.
All resumes wil be considered by the hiring committee.

GRAD COMMITTEE

The Grad committee is now being formed. If anyone is interested in joining please contact Andrea at ECSU, Rm 12, Crossroads Building.

Blood Donor Clinic Erindale College

South Building - Meeting Place
Monday, January 30th
9:30a.m. - 3:30 p.m.
Donate Blood - The Gift that lasts a lifetime

PHOTO/SIGNATURE I.D. REQUIRED

Sponsored by The Canadian Red Cross Society and Erindale College Student Union

Photographers Needed for the Yearbook!!

Sponsorship help needed as well. All interested parties please contact SAM at ECSU (828-5249)

Green Committee Meeting

Thursday, Jan., 19, 3p.m.
Council Chambers

COMING SOON

A chance for you to show your special honey or friend how much you care. Cupid will be proud.

BANDCLASH '95

ALL INTERESTED BANDS

Bring your demo tapes & band descriptions to Sam or Andrea at ECSU.

SCHIZOPHRENIA -- THE

"Something has happened to me: I can't doubt that any more. It came as an illness does...It installed itself cunningly, little by little; I felt a little strange, a little awkward and that was all. Once established it didn't move any more, it lay low and I was able to persuade myself that there was nothing wrong with me, that it was a false alarm. And now it has started blossoming."

Jean-Paul Sartre, *Nausea*, 1938

I identified with that passage in a very real way when I first read it. A year and a half ago that was exactly how I felt; I was just becoming aware of the symptoms of the illness that had taken hold in my mind.

It started rather mundanely. I was bothered by the flourescent lights at work, I was suffering from insomnia and had little energy. As time progressed I began to exhibit new symptoms: paranoia, and the fear that others were reading my mind. Later this developed into the belief that others controlled my thoughts. I was afraid of everyone—friend, family and stranger. Everyone focused on my thoughts and feelings, either reading them or influencing them.

For over a year I had no private thoughts. Eventually I began to believe that these people were plotting my demise, or at the very least my being declared insane.

But it was the hallucinations that concerned me. The thought disorders had so insidiously instilled themselves into my everyday activities that I did not notice that anything was out of place. When I began to see halos around people and when I began to hear my name being called out as I tried to sleep at night, then I started to realize that something was definitely wrong.

The hallucinations came and went, providing the window that afforded me the opportunity to seek treatment. I was aware that at times things were incorrect—that reality was changing. In the windows of lucidity that were becoming fewer and fewer, I acknowledged that my thoughts were out of character with reality and that the hallucinations were the warning signs of something serious. After a particularly strong attack of paranoia I decided to leave school.

Schizophrenia is as much a sentence as a diagnosis.

Over a period of many months I saw a psychiatrist on an out-patient basis and, after several neurological examinations, was admitted to the psychiatric ward of the local general hospital for observation. I was discharged a month later with the diagnosis of schizophrenia, a severe mental illness that strikes one percent of the population.

My experiences with the illness are not uncommon, though schizophrenia is such a diverse disorder that other patients with it can have completely different sets of circumstances and symptoms. For me the hallucinations, though worrisome and frightening, were just a minor part of my disease, which was characterized more strongly by delusions of persecution and mind control.

This wide difference in symptoms at times makes it difficult to explain just what schizophrenia is. It is most correct to say that schizophrenia is not a single disease, but rather a syndrome defined by a set of symptoms. If enough symptoms are present a mental health professional will diagnose schizophrenia.

The most common symptoms are: *delusions*, which are false beliefs, often of thought control which can lead to feelings of paranoia or grandeur, which compel the patient to believe that they are the centre of all activity around them or that they are an important historical or religious figure; *hallucinations*, in which the person hears voices talking to or about them; though visual and olfactory hallucinations are also reported by schizophrenics; *thought disorders*, in which the normal rules of logic no longer apply, thus the person may have difficulty forming a complete, understandable sentence or chain of thought, or they may have difficulty in understanding and responding to outside stimuli.

Other symptoms involve inappropriate emotional responses and an alteration in the senses, which can manifest itself in the perception that colours, sounds and (as in my case) light seem brighter or more vivid. Often this is disturbing to the patient and is usually a sign of things to come.

The diagnosis of schizophrenia changes the person's life in a fundamental way. It gives cause to reassess beliefs and ideas that, held as true, often for years, were a direct result of the illness. The delusions of the schizophrenic can be so intense and all- pervasive that after the patient has received treatment it is difficult to accept that these things that had been understood as the truth are in fact false. And then there is the stigma associated with being declared insane, or psychotic, or crazy. Schizophrenia is as much a prison sentence as a diagnosis.

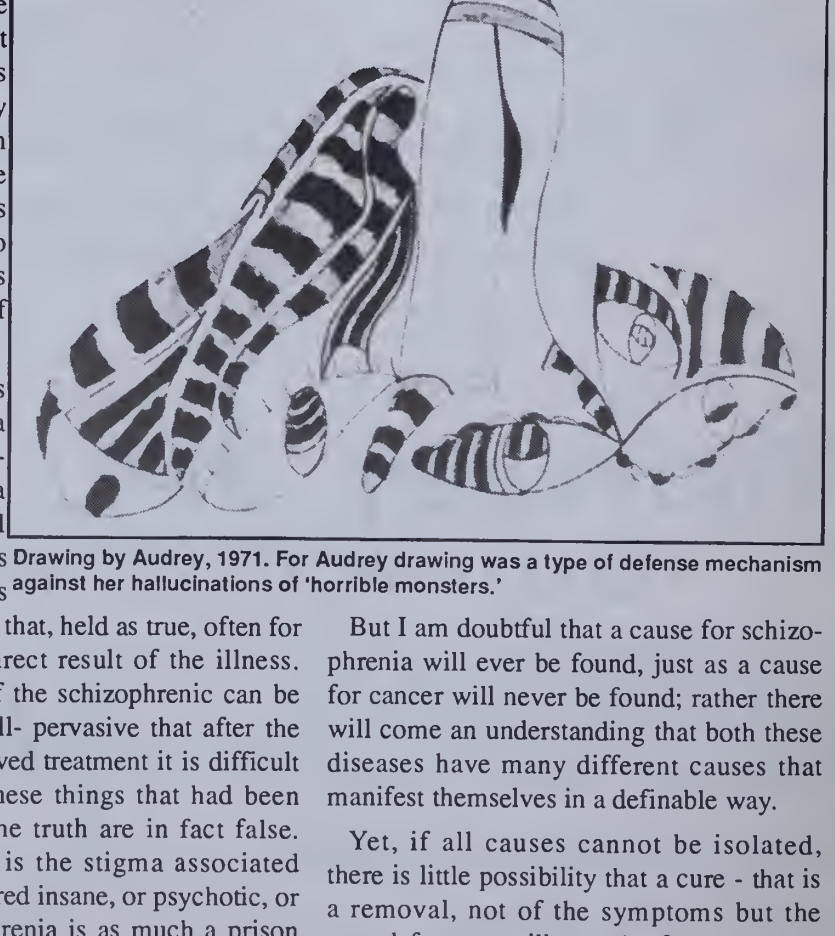
Treatment for schizophrenia has been dominated for the past fifty years by anti-psychotic medications such as Chlorpromazine (the first such drug) and, more recently, Risperidone, which I am currently taking. The real problem in the treatment of schizophrenic symptoms (and it must be understood that the medications only relieve the symptoms of the disease and are not a cure, much as insulin treatments are not a cure for diabetes) is the nature of the anti-psychotic drugs.

The delusions of the schizophrenic can be so intense and all pervasive that after the patient has received treatment it is difficult to accept that these things that had been understood as the truth are in fact false.

These medications have side effects so severe that in the past and even today many schizophrenics would rather live with the symptoms of the illness than deal with the treatment. It is a sad state of affairs when the treatment of a disease is as disruptive as or more disruptive than the illness itself.

And it is here that the real problem with schizophrenia lies, in its treatment and, more to the point, the research into new treatments. Perhaps more accurately the lack of research into the disease.

Schizophrenia was first defined and named in 1911. Even with its long history little is known about the illness. There is still no concrete theory about the cause of schizophrenia; however, one of the many causes is genetic.



Drawing by Audrey, 1971. For Audrey drawing was a type of defense mechanism against her hallucinations of 'horrible monsters.'

But I am doubtful that a cause for schizophrenia will ever be found, just as a cause for cancer will never be found; rather there will come an understanding that both these diseases have many different causes that manifest themselves in a definable way.

Yet, if all causes cannot be isolated, there is little possibility that a cure - that is a removal, not of the symptoms but the causal factor - will ever be found. Then, what should research be focusing on? Most importantly it should be directed towards the improvement of the lot of schizophrenics in society.

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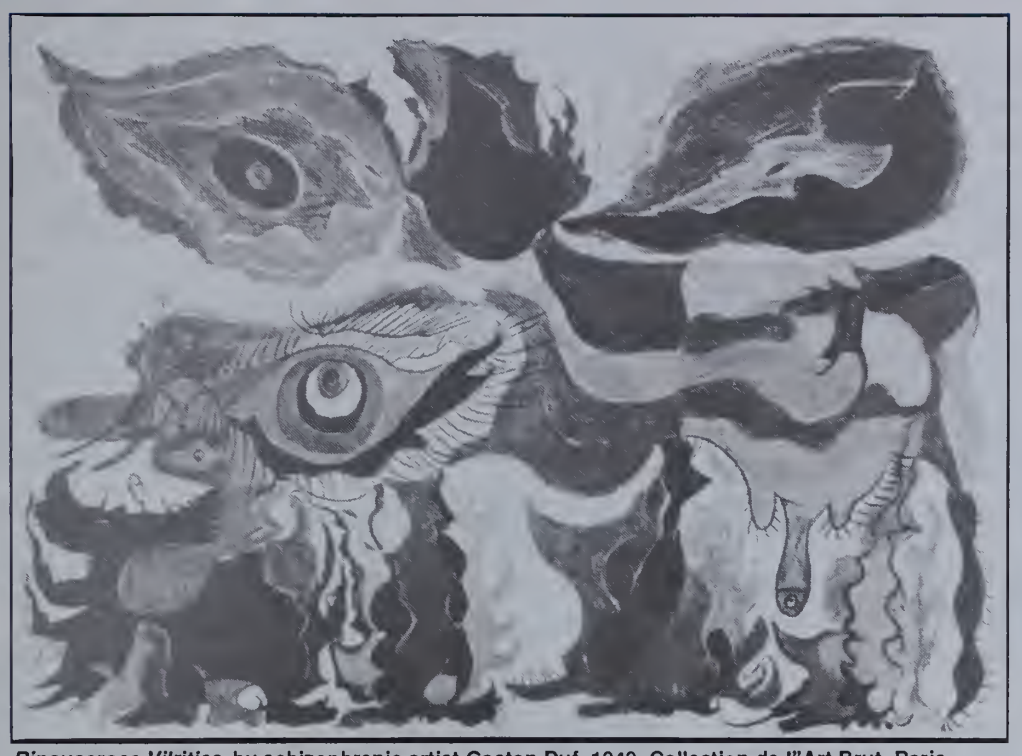


***Rinauserose Vilrities*, by schizophrenic artist Gaston Duf, 1949. Collection de l"Art Brut, Paris.**

could contract it themselves. Promoting AIDS research is made easy by the high visibility of celebrities afflicted with HIV, the logic being "if they can get it, so can I." But to mount a telethon or concert for schizophrenia research is near impossible, because it is difficult for the potential donor to have compassion for a person they feel threatened by—and the general perception the public has of the schizophrenics they see (that is, those on the streets) and those they imagine in institutions is that these patients are dangerous.

Public awareness of schizophrenia lags behind other illnesses.

This view is strengthened by the fact that those schizophrenics who make the headlines, like John Hinckly (who shot President Reagan in 1981), do so because they have commited a violent crime.

All this compounds the difficulties the general public has identifying with the disease. No one, with the possible exception of a first year psych student, is afraid of coming down with schizophrenia. For the most part a person can go through their entire life without being aware of schizophrenia at all. Indeed, public awareness of schizophrenia, when the number of people who have it is taken into account, sadly lags behind other illnesses.

However, it is precisely at this time in most people's lives, their college years, that they should make themselves aware of schizophrenia. The disease strikes most patients in their late teens and early twenties, afflicting more males then females. It is because of the age at which the illness becomes apparent that there are virtually no open schizophrenics in the public eye.

Those who react well to treatment can go on to live full lives, but are reluctant to go public with the disease; the stigma of being declared "psycho" is so great. Those who do not react well to treatment can look forward to internment in a mental health institution or, if released, to a downward spiral into poverty and continued illness. The suicide rate amongst schizophrenics is around 10-14%. In the latter cases the person with schizophrenia is essentially crippled at the very age they should be becoming independent and making their mark on the world. All this can come crashing to a halt with the diagnosis of schizophrenia.

So, what can be done to better the lot of schizophrenics? The most obvious is the improvement of the medications currently available. As it stands today, not every patient will react well to and have a reduction in symptoms as a result of the anti-psychotic medications on the market. Those medications with the most severe side effects must be phased out of use and newer ones developed.

In the end, the best case scenario would be the advent of a new drug that would be useful to all patients and would have minimal side effects. But this is a doubtful outcome. Even before this can happen, there must be an understanding in the medical community and the social work-force that medication is not merely helpful in treating the disease, but that it is necessary for the patient to reintegrate into society.

Currently there is a movement in patient advocacy groups that believes that medication is not the answer to schizophrenia treatment, but rather the teaching of coping skills and psychotherapy is. However, these people, whose intentions are good and based on the fact that the medications available are severely lacking and that over-medication continues to be a problem for patients, fail to consider the fact that most schizophrenics are not helped by therapy alone, but require it in conjunction with medication. Furthermore, many schizophrenics are so completely withdrawn from reality that no treatment outside of medication can even be attempted; before a person can be re-introduced to reality the symptoms which removed them from it must be dealt with.

A more immediate concern than the development of new medications is the importance of making those drugs now on the market available to all sufferers of schizophrenia. This would require that some social safety net be established to house and feed and ensure a supply of medication to those schizophrenics currently living on the streets.

While I am in no way advocating a reopening of mental institutions if they are to be run in the same barbaric manner as they were in the '50s and '60s, there must be some structure in place, both figuratively and possibly literally, whereby patients can receive their medication at a cost that is within their means. And for many patients it must be understood that this means providing the medications free of charge. Currently only the older, more established medications are covered by the Ontario Health Insurance Plan, while the newer and thus more expensive medications are not, even though they are more effective and have fewer side effects. In the short term, this is the most important concern that needs to be addressed.

Most schizophrenics require therapy in conjunction with mediaction for effective treatment.

The treatment of schizophrenia is, for most, a lifelong commitment. But the fact is that for nearly half of the sufferers of this disease medication will help them lead perfectly normal lives. This is what I hope for myself and for others. Presently, the medication I am on controls my symptoms and allows me to act in a way that is, I hope, indistinguishable from other people. But the fear of a relapse is always present in my mind. Until a cure can be found this will be true of all schizophrenics -- at any time they could once again fall into a world of fear and madness.

CONTACTS:

Canadian Friends of Schizophrenics
95 Barber Greene Road, Suite 309
Don Mills, ON M3C 3E9
(416) 445-8204

Ontario Friends of Schizophrenics
P.O. Box 217 Station "O"
Toronto, ON M4A 2W3
(416) 926-1974

FURTHER READING:

Living and Working With Schizophrenia, 2nd Edition, by J.J. Jeffries, E. PLummer, M.V. Seeman, J.F. Thomton, U of T Press, 1990.

Surviving Schizophrenia: A Family Manual, by E. Fuller Torrey, MD, Harper and Row, 1988.

Eds. note. This week's Feature was written by a 4th Year Erindale student. They chose to remain anonymous.

Our Stories

Welcome to Our Stories.

Our -- all Erindale students. Stories --our experiences, feelings, emotions, memories, fantasies, past and present.

University offers few venues for expression, creativity and originality. We hope Our Stories opens a new frontier of bold, honest expression for all Erindale students. Many believe writing belongs only to the 'talented'. Hopefully, Our Stories will demystify that belief.

Our expressions are important and valuable. When we surrender opportunities to express, we surrender the power to make meaning. Hence, we write not to meet deadlines or fulfill word limits; we write to make meaning.

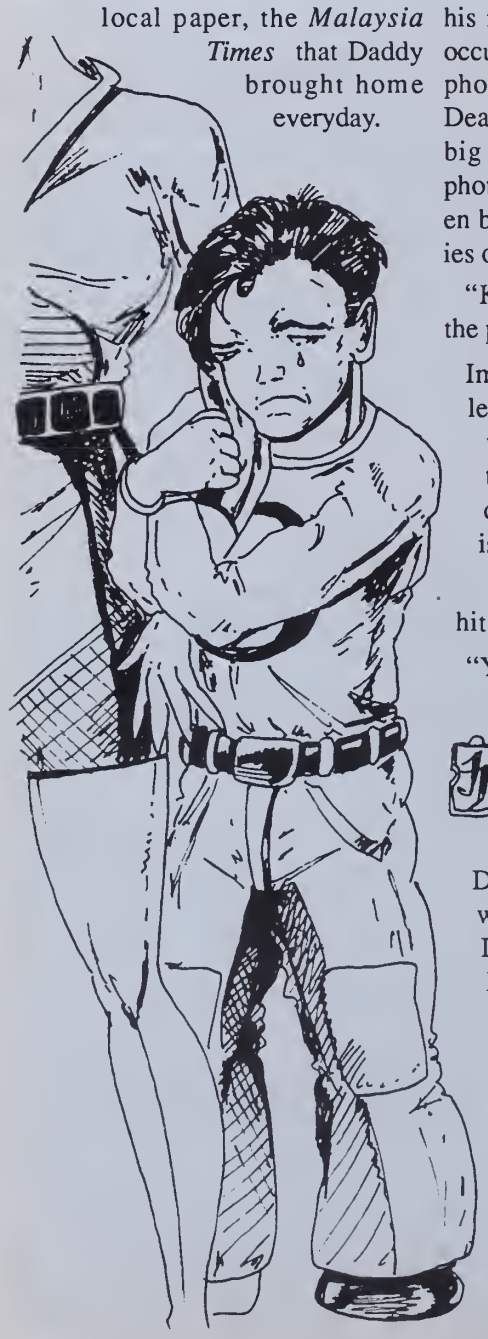
Throughout this term, in this space we will be running short stories, poetry, notes scrawled on cocktail napkins, drawings and any other odd, creative, literate, aesthetic expressions you may care to submit.

Students interested in submitting their work should drop it off at medium II addressed to the Features Editor. Alternatively, you can call us at 828-5260, or fax us at 828-5402. All submissions will be considered.

We hope you will accept, appreciate and respect Our Stories. And, we hope your stories will be ours one day.

the lullaby

June 2, 1979. A severe earthquake shook Manila. I was seven and I knew almost everything. I read our local paper, the *Malaysia Times* that Daddy brought home everyday.



It was five o'clock in the evening. Daddy was taking his shower. Willie, my four-year-old brother played with his robots. Mum was still at work. I occupied myself with the reports and photos of the Manila quake. "4000 Dead, 10,000 Missing" was printed big and bold. The black and white photos of rubble, cracked roads, fallen bridges, flattened houses and bodies on stretchers frightened me.

"Kent," Daddy asked, "what's in the paper today?"

Immediately, I stood on the gray leather sofa, held the newspaper with both of my hands and read the headlines to Daddy. He nodded and smiled at me when I finished.

"Dad, would an earthquake ever hit Malaysia?"

"Yes, but it would never be as terrible as the one in Manila."

He put on his black plastic frame glasses. Then he walked to the backyard with our two-year-old Doberman, Winston. From the window in the dining room, I saw Daddy stare in the direction of Kwang Fook Supermarket and look at his watch repeatedly.

I returned to the newspaper. I walked by the two-inch crack that stretched from the ivory front gate, through the house, and to the backyard. The crack created a gap on the wall where Mum and Dad's wedding photo was hung. It looked as if Mum had one side of the wall and Dad had the other side. Dad blamed the contractor for the cracking.

"I am going to sue those bastards for not doing the foundation properly," Dad repeated many times.

But Mum said that it was because of the extra work Dad did to the house. She believed that the extended kitchen and garage were too much for the foundation.

A white Toyota Corolla stopped at our front gate. It was Mum. She stormed into the house as if Willie and I were playing with her Calvin Klein lipsticks again. We stared at her as she stampeded through the house with her four-inch heeled shoes.

"Mum," we asked, "are we going to the swimming lessons?"

She said nothing. Her cheeks were red and her face was moist with sweat.

"Come with me, both of you!"

She grabbed our hands and pulled us out of the house. Mum held us too tight. It hurt me but I kept quiet. Willie whined,

"Mum...where...where are we going? You're hurting me..."

"Shut up. I am going to slap that bitch and strip her naked in front of everyone. Fucking whore!"

"Lois, where are you going?" Dad shouted from the backyard. Mum ignored him. Willie and I looked at her. Dad stared at the three of us. Mum fixed her eyes on Kwang Fook Supermarket, one block away from our home. Mum, Willie and I marched toward the two-storey grocery store.

"I want you two to help me beat that bitch!" she said as she dragged us across the road against the red light. People hammered their brakes and honked at us. Mum's eyes locked on Kwang Fook Supermarket. It seemed she neither saw the lights nor heard the honking.

When we got to the store's entrance, we saw a long-haired lady checking her watch. She was dark, skinny and slightly taller than Mum. Mum released our hands...

"You fucking bitch! You shameless whore!"

Mum slapped the woman's left cheek and then her right cheek. Then Mum grabbed the woman's hair and pulled her back to our home. The woman struggled to get free. She flung her hands, screamed and yelled. Our neighbors on Malawi Road came out of their homes and watched us.

The woman cried for Daddy, "James! James! Help me!"

More people watched from their balconies, front gates, fences and windows. The woman raved. Mum stayed silent and held the woman's hair tight. Willie and I walked beside Mum and looked at her. Everyone else looked at us.

Dad rushed from the second floor. But we had already reached the front door.

"What on earth are you doing, Lois?"

"You son of the bitch! You want to fuck her? So I'll let everyone know that this bitch is fucking my husband!"

Mum shoved the woman to the marble floor of our living room.

"What are you talking about? You ... you overreact."

"Overreact? Fuck you, James!"

"Fuck you too!"

"I'm gonna cut your face, you bitch!" Mum picked up a vase and dashed toward the 'bitch.' Dad moved between them and pushed Mum to the ground. There was silence, except Mum's sobbing.

"Let me teach you some manners."

Saying that, Dad unbuckled his black leather belt, pulled Mum's right hand, dragged her on the floor and whipped Mum with his belt. Mum rolled and twitched on the floor just like Winston did when a car hit him two weeks ago.

"Hagar, you should leave now," Dad told the woman. She left. Willie and I knelt before Dad and cried. "Dad, please don't hit Mum," I pleaded. Then I leaned my face on Mum's face. My tears rolled down my cheek, merging with her tears. I looked at Mum as she gasped for breath.

"Go away!" Dad yelled. "This is Daddy and Mum's business!"

Dad pushed Willie and me away and pulled Mum upstairs. We clung on to Mum's legs but Dad's arm overpowered our twenty fingers. Bang! Dad slammed the door of their bedroom. Then I heard Mum crying and screaming "Help me! Please James ... don't. Don't ... no! No!"

Screaming, crying, shouting, smashing, and beating drowned the house. I held Willie to my chest. I turned the TV on so loud that I could not hear anything else. Mum's crying, Dad's yelling and the TV's sound sang as our lullaby. We slept.

by Louis Pang

Arts

Erindale's Italian Theatre: one of a kind

Maschere Duemondi (Two World Players) important voice for Italian community

"Se non capisci dice questa frase, vuol dire che non capisci l'Italiano." If you don't know what this means, then you probably don't speak Italian. If you've ever walked past Room 107, the theatre rehearsal hall in the North Building, and heard people speaking Italian but couldn't figure out what they were saying, then this too might lead you to believe that you don't speak Italian. If, however, two and two are put together (which in any language makes four), you may conclude that an Italian play is being rehearsed.

EYE ON ARTS
BY SARAH TURVEY

Your desire to learn everything about the amazing program that the Italian Department offers here at this little campus we like to call home should not be quelled by a lack of fluency in this beautiful language.

Each year the Italian Department produces a play. In the past, this project has been met with unwavering enthusiasm from not only the University of Toronto community, but also groups, associations and other universities across Ontario.

This theatrical endeavor began in 1976 and continued until 1978 but was interrupted for various reasons. However, in 1986 the production process was again set in motion. In the beginning, the plays were produced for the University of Toronto with only one or two performances. As each new play was presented, interest from outside groups became more and more apparent and extra performance dates were added as performance venues began to spread across Ontario.

Extra performances started mainly for high-school students studying Italian to show them what could be done - not only with the Italian language, but with the continued study of the language outside of high-school and the importance of maintaining Italian culture in the community. The goal however, is not only to reach young people, but also to involve parents and the community as a whole.

For the university students who perform in these plays, there is another motive aside from acting - academic credits. Professors Guido Pugliese and Salvatore Boncheri, joint directors and professors in the Italian Department, saw that the plays were extremely well received and began to seek academic standing for the students involved. Consequently, there are two courses in Italian Comedic Theatre. Offered in alternate years, one course covers the history of theatre from its origins to the eighteenth century and the second course covers the nineteenth and twentieth centuries. Both courses require the involvement of students in both production and performance. These courses have been offered for the past two years.

Already approved for next year are two individual study courses, which will also be offered in alternating years. They are designed to keep students attracted to the theatre as well as the Italian language courses. These courses, according to Professor Pugliese, are important because they offer not only academic study of language and culture, but they give the language an expression that is not usually found in the classroom.

The directors and cast of Goldoni's *Il Ventaglio* (The Fan) performed in 1993.

photo courtesy of Professor Pugliese

The four to five months of intense rehearsal that the students must undertake to maintain the level of performance that the community has become accustomed to give the students learning the language more self-assurance in their communicative abilities. For the student it is a tremendous challenge physically and mentally.

As a credit to the university, the Italian Department of Erindale College is the only one of its kind in North America to offer this type of program toits students. (Why, I did not know that. See, this is why you need to read this column...)

This year the course offered is theatre from its origins to the 18th century and the production is Carlo Goldoni's "La Locandiera" ("The Innkeeper"). Written in 1752, its theme is the battle of the sexes: a modern-minded female protagonist, strong, energetic, and independent, who has many successes, but hits a rough spot and has some trouble. In the end she is as independent and successful as ever. (Now if that doesn't make for a good comedy, I don't know what does.)

Seven performances are planned for March of this year and will be held at various venues in Toronto, Brantford, Guelph, St. Catherines, Port Credit, Woodbridge and Mississauga. There will be two performances at Erindale in the Meeting Place (in the South Building), Friday March 10 and Saturday March 11, at 7:30 p.m.

Tickets and information are available from the Italian Club of Erindale or from Mila O'Brien, the Italian Department secretary, in room 227 in the North Building, 828-3727. Prices are $10 general admission and $6 for seniors.

Professor Pugliese is positive that the Maschere Duemondi (the Two World Players) will continue to be successful and maintain an important position in the Italian community: "[This program was] undertaken in the beginning to promote Italian talent in North America; to give expression and voice to our own students", and the only foreseeable impediment might be pure exhaustion, because it certainly won't be lack of enthusiasm - on anyone's part.

Okay, ready? "CIAO!" (That was goodbye in Italian). You know, I just might be getting the hang of this ...

Many, many thanks to Professor Pugliese and Dave Amato.

Little elbow room for music in a ball hockey world

EDITORIAL WHINING
BY MANFRED SITTMANN

Alas, it seems as though much of my attempts to broaden the musical horizons of the general student population has gone for naught.

Witness a recent encounter between myself and three gentlemen of the ball hockey persuasion. The gents in question are none other than Hitman extra-ordinaire Gerry Harte, Rage against the Leaguer, high school math tutor and badminton heavyweight Steve Mason and weightlifting type Brandon Cormier.

The three sit upon the stage steps at the front of the Meeting Place no doubt discussing the national obsession - ball hockey. As I was once among them, I cheerfully approach and engage them in conversation.

What follows is as accurate a description as humanly possible based on the human memory.

Gerry: *Howzitgoin man? So whattyer picks for ball hockey this year?*

Arts Ed: *Well, My personal bias forces me to say the Hitmen Inc.*

Steve: *Aw, no way man.*

Gerry: (noting the bundle of crap I am logging) *So whattyer got there?*

A.E.: *Oh just some promotional stuff about the Killjoys*

Gerry: (obviously exasperated by my answer) *Where the hell do you come up with these bands. Every week I read about these bands I never heard of.*

Rather than point out that the Killjoys are indeed quite known and have just signed a seven album deal with Warner Music Worldwide (shameless plug goes almost unnoticed- ed.), I opt for the following.

A.E.: *The bands I'm writing about now are the ones you'll be hearing about later,*(Incredible sense of self-purpose soon to be destroyed - foreshadowing ed.) *Remember last year when I was talking to you about Green Day? Now look at them.*

A suddenly interested Steve Mason joins in.

Steve: *Hey, I like them.*

Gerry: *Aw, they suck*

A.E.: *What about Change of Heart?*

This propels the third party to enter the fray.

Brandon: *Hey, don't they sing that song..(singing) .'.There you go, standing alone...'*

I join in and sing along.

A.E.: *'...and do you find, there's no-one home...'*

Gerry: *Never heard of it.*

A.E.: *They just won a hundred grand.*

Gerry: *Never heard of them, or Sour Landslide or any of those other damn bands.*

I assure him that one day he will have heard of all of them and he can then be cool and say he was into them way back when.

Gerry: (motioning to the others in a most mocking manner): *So who are you going to see this week?*

A.E.: *I'm going to check out a couple of shows, maybe three. Sour Landslide on Monday, later this month the Leisure Demons.*

Gerry: (sarcastically) *Oh yeah, they're good.*

I assure him that they are. They are actually the new band of ex Lowest of the Low frontman Ron Hawkins.

Gerry: *Oh, did they break up?*

A.E.: *Yeah.*

Gerry: (overstating the obvious) *You liked them eh?*

A.E.: *Yeah.*

Gerry: *I like the Cranberries*

A.E.: *I hate them.*

An uneasy silence falls upon the conversation and I sense people are losing interest. As the silence becomes too much to bear, I quickly revitalize their interest.

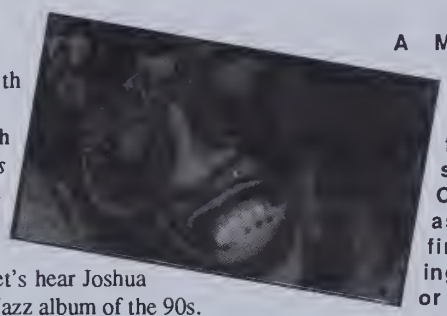
A.E.: *So how is ball-hockey going?*

Gerry, Steve and Brandon all at once: *Blah, blah, this guy sucks, this team lost, I hate so and so, this guy rules, Joe Blow will get kicked out.....*

The conversation eventually turns to sex and a common interest is obviously found. I think however that all has not been lost as I did in fact plant a few seeds where ordinarily there may not have been any. Maybe they'll come with me to Sour Landslide on Monday (Ultrasound - 9:00 p.m.) I doubt it , but maybe my persistence will eventually win a couple people over. Go Hitmen! (Yet another shameless plug from the Arts desk. This one however, is very noticed as every active member of the E.B.H.L. not on the Hitmen Inc. is instantly outraged by another team's mention. Priorities at Erindale seem to be just about right.)

Here's the world's phattest releases of 1994 - more than just Green Day

BY CHRIS BARANY



A Must Listen: *Blasters of the Universe* was the latest from Rump shaker Bootsy Collins. It rated as one of the finest recordings that 1994, or any other year, had to offer.

The following are the Top 10 Full-Length Releases of '94 presented in no particular order.

1. **Maleem Mahmoud Ghania with Pharoah Sanders** - *The Trance of Seven Colours* (Axiom)—traditional cultures melded to make for revolutionary music.

2. **Franklin Kiermyer and Pharoah Sanders** - *Solomon's Daughter* (Evidence)—Let's hear Joshua Redman blow like Pharoah Sanders. This is the jazz album of the 90s.

3. **G. Love and Special Sauce** - *G. Love and Special Sauce*—Once again, the blues is cool. Young punks like G. Love know what it's about.

4. **King Cobb Steelie** - *Project Twinkle* (lunamoth) - Dub Rock in heavy pop righteous form.

5. **Ginger Baker Trio** - *Going Back Home* (Atlantic)—This trio plays jazz with all the interactive intensity that was supergroup Cream.

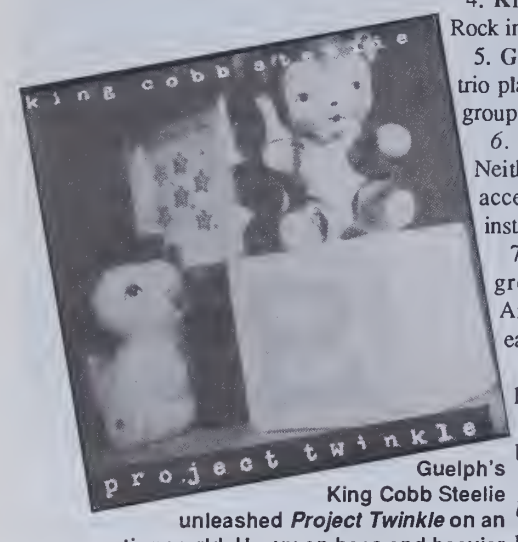
6. **Rabbi-Abou Khalil** - *The Sultan's Picnic* (enja)—Neither jazz nor Moroccan folk, Khalil continues to expand accepted notions of what you can do with centuries-old instruments.

7. **Sola** - *Blues in the East* (Axiom)—Draws common ground between ancient Japanese opera singing and American gutbucket blues/funk. Goes over most Western ears to reach any substantial public recognition.

8. **Praxis** - *Metatron* (Subharmonic)—If japanimation has a funk/hardcore counterpart in music, guitarist Buckethead is the main source, kids. Music to go insane by.

9. **Bootsy's New Rubber Band** - *Blasters of the Universe* (Ryko)—The real funk. We, the P, declare a party on this mothership.

10. **New Kingdom** - *Heavy Load* (Gee Street)—What is rap? The ring around your bathtub?



Guelph's King Cobb Steelie unleashed *Project Twinkle* on an unsuspecting world. Heavy on bass and heavier on beats, the album is everything a listener with a pulse could ask for.

RUMOUR HAS IT

Bigger is Better!

It's true! And that's why
The Fox & Fiddle - West has expanded to include:
additional seating, room to dance,
two billiard tables and a large screen TV
for watching sports and playing
Tuesday NTN Trivia

PLUS, *we've got the area's best*
live entertainment *Wednesday through Saturday!*

SO COME ON OUT AND PARTY BIG...
3055 Dundas St. West, just west of Winston Churchill Blvd., (905) 607-4810

B.A.R. Hoppers the latest party to challenge serene life in Erindale Residence

BY THE B.A.R. HOPPERS

Don't let other universities put Erindale to shame!

Nineteen-ninety-five welcomes Erindale's very own party committee for Rez students — The B.A.R. (Blow Away Rez)Hoppers! This group of enthusiastic students have planned trips to bars, clubs and comedy shows.

No longer is drinking and driving a problem, because transportation is provided.

Weekends at Erindale tend to be quiet, and fun and frivolity are scarce. Now, for very low prices (tickets will range from $2 - $10), everyone can enjoy themselves! What happened to Friday's bashes and Saturday's benders?? Where has our social life gone?

School involves not only lectures, tests, and studying. Don't forget about meeting people (other than your housemates) and having a good time!!

Here are the Top 10 Reasons (there are millions more) to come to Rez for a blast of a weekend:

10. What else is there to do?

9. Come out and request a song instead of listening to your recorded lectures.

8. Increase your metabolism - come and dance!

7. No longer will Saturday nights consist of watching paid programming with your parents.

6. Get the *full* REZ experience - why else did you leave home?

5. It's a great excuse for a study break.

4. Find out what your neighbors look like.

3. Get your midnight snack before last call.

2. Tired of being the designated driver? Jump on our bus!

1. Instead of studying at a table, how about dancing on one?!!

Need more information? Watch for posted advertisements around campus! * Everyone is welcome.

Arts Writers Welcome:

Is there a band you've heard and want to tell others about? Have you seen a play, movie, good argument? Here's your chance to spread the word. The Arts section is always accepting submissions from writers old and new. Drop submissions by the *medium II* office (inconveniently located in the Crossroads Building) or into one of the submission/suggestion boxes in the North and South Buildings. Fax #: (905) 828 5402

January/February Live Music Guide:

Sour Landslide
w/ Joe's Funeral
& Woodshed
Ultrasound
January 16

Fall Down Go Boom
w/ Stem
Ultrasound
January 17

The Rhinos
w/ The Morganfields
Horseshoe Tavern
January 18

Accidentally Cool
(featuring Kevin MacDonald of Kids in the Hall)
w/ Sinphonics
Ultrasound
January 19

Barstool Prophets
w/ Artichokes
Horseshoe Tavern
January 19

Reggae Superfest '95
featuring:
Shabba Ranks
Buju Banton
Third World Band
and many more!
Maple Leaf Gardens
January 21

Bay City Rollers!!!!
RPM
January 28

Leisure Demons
(ex-Low Ron Hawkins)
& Temper
Clinton's
February 2

Megadeth
Maple Leaf Gardens
February 4

Tragically Hip
w/ Odds
& Change of Heart
Maple Leaf Gardens
February 10

Sports

Weightlifting competition coming to Erindale

The Erindale Weightlifting Club is hosting its inaugural competition, attracting over 60 competitors

By Ted Henley

The Erindale College Weightlifting Club is hosting its first weightlifting competition on Saturday, February 4. The contest, to be held in the main gymnasium, will feature over 60 competitors from Ontario, Quebec and New York State.

Athletes competing in the event range in ages from 13 to over 60 years of age. Fifteen women are competing in February, with the youngest being 16 years old.

The Erindale Weightlifting Club opened in mid-September when Peter Baxter, Director of Athletics, combined his efforts with two-time world champion Antonio Krastev to initiate the project. Krastev's expertise and Baxter's managerial skills have allowed the club to grow from an idea into an organization boasting over thirty members.

Antonio Krastev *photo by J. Tyndall*

Erindale's club is the only one in the Mississauga area. This is the main reason for the encouraging interest so early in the club's history.

"We're very pleased with the response from the students and the surrounding community," commented Baxter. "It is not often that people get the expertise of a world champion to enhance their athletic performance."

The athletes Baxter is referring to are Andrew Bellerby and John Baricevic. Baricevic is a second year student who began as a bodybuilder who transferred over to weightlifting as soon as the club at Erindale opened.

Bellerby is known for his rowing accomplishments here at Erindale. Bellerby won the singles silver medal at the O.U.A.A. meet this year.

Bellerby began weightlifting as dry-land training for rowing, and because of these efforts in the olympic weightroom, he has improved his Ergometer rowing score by fifteen percent. This jump in Erg score has earned Bellerby a spot at the 1995 Light Weight National Rowing training camp.

Julie Malenfant snatching over 80 kilograms (176 pounds). Malenfant was the bronze medalist in the 1993 World Championships held in Australia. *photo courtesy of Ian Douglas*

Krastev will also be competing in the upcoming event. He has been training at Erindale since the clubs' inception in September and is currently snatching over 185 kilograms (407 pounds).

The facilities at Erindale have attracted athletes of national calibre as well as many students. Cliff Gardner is one such athlete. Gardner placed third in the 91 kilogram weight class at the Commonwealth Games trials this year. Gardner currently trains at Erindale and will be competing for the club on February 4.

Alongside Krastev and Gardner will be Julie Malenfant. Malenfant is the 1993 bronze medalist from the World Championships in Australia and has been training hard in preparation for Erindale's event. Ian Douglas, who also competed in Australia, will be lifting at Erindale. Douglas is the silver medallist from the Masters World Championships in Australia.

The event is recognized by the Ontario Weightlifting Association and serves as a qualifier for the Ontario Championships.

Baxter is heading the organization of the event and is very excited to have the event at Erindale. "All Erindale students will benefit from the exposure of the competition," he said. Dan Dagher is heading a team of volunteers helping with all aspects of the event.

Admission to the event is free for all Erindale students. Events will run the entire day, and all weight categories will be represented. Each athlete lifts three times, and medals will be awarded to all the weight class winners for their combined total weights. As well, an overall "best lifter" award will be given to the athlete who lifts the most weight comparable to their body weight.

Cliff Gardner snatching 122.5 kilograms (269.5 pounds). *photo courtesy of Ian Douglas*

Ball Hockey Writers Wanted

contact Ted at 828-5260

Division III defending champs keep their winning streak alive

By Greg Fisher

After winning the Division III Ice Hockey Championship last semester, the Erindale Warriors continued their winning streak, defeating Dekes last Thursday night.

The Dekes are a new entry into the league, and had the misfortune of meeting the defending champions early in the season.

The first period started with an early Warrior attack. Minutes into the game Kyle Hodnet scored with a nifty move on a breakaway.

Despite outplaying Dekes for the entire period, Erindale had trouble finding the back of the net. Dekes' goaltender played extremely well, keeping his team in the game. In the final minutes of the opening period, Dave Cicchelli buried the puck on a one-timer off a perfect pass from Arden Court.

The second period started with several hard hits by Andrew Boisvenue - one of which knocked a number of Dekes players out of the game.

Erindale scored again early in the second when Paul Clark shot a weak wrist shot from the high-slot to beat the screened Dekes goalie. Shortly thereafter, Arden Court shot the puck on the net and Greg Fisher managed to bat it in on a less-than-pretty goal.

Andrew Boisvenue had the give-away of the night when he handed the puck to a Dekes forward at the side of Erindale's net allowing him to bang it past a surprised Dylan Riendeau.

Near the end of the game, Cicchelli carried the puck over the Deke's blueline and wired a slap-shot into the top shelf.

The game ended 5 - 1 for Erindale which extends the Warriors undefeated streak to nine games (including last season). Come to Varsity Arena and support the Warriors as they play the Flight Crew this Saturday night and try to extend their undefeated streak to ten games in a row.

Check the ECARA board for travel arrangements and details.

Erindale crashing the net last Thursday. Erindale extended their winning streak to nine games in a row. *photo by Jamie Tyndall*

Medicine drops first game of season to Erindale last Monday

By Ted Henley

The Men's Division I Ice Hockey team started the second half of their season with a win, defeating the first place Medicine squad to take sole possession of second place.

The default win over Medicine gave Erindale a three point gain on their rivals. The loss was Medicine's first of the season.

"We're disappointed about the loss," commented Mike McKay of Medicine. "We wanted to go undefeated, but what can you do? We still hope to finish in first place overall this year."

The Warriors have been unable to figure out the Medicine team this season so the win, even if it was a default win, was welcome. "We'll take it," added Coach Brent Johnston. "Any way to move up in the standings is good for the club."

Veteran Warriors' forward Jeff Floyd commented, "The win is great, but the free ice time is even better. All the practice time we can get will help in Sudbury this weekend."

What Floyd is referring to is the annual SPAD tournament hosted by Laurentian University this coming weekend.

The tournament is very rough and the competition is very high. Both Coach Johnston and Assistant Coach Peter Skov shared Floyd's view about the ice time and are looking forward to the tournament. "The more practice we get the better we will do in Sudbury," added Johnston.

The Warriors' next regular season game is this Monday at 7 p.m. against Scarborough. Come out to Varsity Arena and cheer Erindale on as they prepare for the tournament and try to beat their arch-nemises from east end of Toronto.

Sons of Jor-el tie Rage Against the League in a surprising result

By Jason Allen and Ted Henley

C.C.C.P. had the bye last week and they deserved the rest after stealing the big win from the Hitmen the previous week.

A rumour was spreading around the league that Steve Mason was moving from Rage Against the League to the Hitmen, but that was just a rumour and nothing unfolded.

The big news of the week was Abbas Khan returning for yet another year of ball hockey (surprise, surprise).

The big upset of the week was Sons of Jor-el tying Rage Against the League. What else happened this week? Read on . . .

The Possums 2
Streethawks 0

The score of this game does not reflect what really happened. The Possums totally dominated the game offensively and defensively. The only reason that the Possums did not run up the score is because the Streethawks' keeper Allen Ferriera played an outstanding game. Ferriera let in only two goals while stopping over forty shots.

Scoring for the Possums was Jeff Floyd and Mike Metelsky. Keeper Frank Walshe was not tested as the Streethawks' forwards could only manage about ten shots in the entire game. Most of the Streethawks' shots came from Andy Chiodo and Jack Sansone. Sansone had most of the quality chances on goal, while Chiodo concentrated more on being an aggravator than playing the game. If the Streethawks want to start winning they must mesh as a team and not play as individuals.

The Possums play Sons of Jor-el this week in a match-up that will probably be both physical and exciting.

Watch for the Sons of Jor-el to give the Possums a good run for their money.

The Streethawks play Big Kids this week which will be an important game a few weeks down the road as both these teams will be fighting for the last play-off spot.

Hitmen, Inc. 12
Big Kids 1

After a disappointing loss last week against C.C.C.P., the Hitmen came out flying for this game. The Hitmen displayed their championship style in this game, controlling the ball at will and scoring immediately on the opening drive.

Big Kids, however, did have a presence in this game - a physical presence. The Hitmen were up for

see "Hitmen win big" on page 17

N.H.L. schleps finally ink a deal - when *they* have something to lose

DROPPING THE GLOVES

By Manfred Sittmann

A sarcastic "Yippee" arises from the writer's desk when informed of an impending settlement to the long-standing N.H.L. strike/lockout/greedfest/whatever.

You'll have to pardon the fact that his enthusiasm is somewhat tempered. He is glassy-eyed from television news which has been inundated with such self-promotional rhetoric as: "We needed to get the game back on the ice," or the ever popular "we owed it to the fans."

What a bunch of garbage.

If you want to be greedy, that's fine with me. If you want to diminish many of the gains that the league has accomplished recently, that's also fine with me. However, what is not excusable, is pretending that the outright petty greed, stubbornness and one-upmanship that dominated these "negotiations" actually had something to do with the good of the game, or that either side cared for even one half of one second about the fans.

It was no secret that there was a group of owners who did not want to make a deal regardless of what was conceded. They wanted to dump the season, break the union, and wait for the players to come skulking home with their tails between their legs. No season would not have bothered them. All it would have meant is laying off some poor concession stand schleps and declaring the whole fiasco to be a giant tax write-off.

Make no mistake, however, the players were no better. Sure their propaganda machine had a small amount more credibility, as they would have continued playing under the deal that they had. A deal that would have likely bankrupted many teams within a season or two. It's funny how all along, the players said that they would wait, that they didn't care how long they would be out of work - this was a moral issue, they were right - right?

However, when it came down to the crunch, the absolute final deadline, and they realized that they actually may have to go without their ridiculously high pay cheques for an entire season, representatives became a lot more flexible at the table and a deal was inked almost immediately.

Now the skate-starved fans can breath a collective sigh of relief as their "heroes" are returning to yet another field of battle.

Guilt still rides high on both sides obviously, as there are about five hundred fan appreciation giveaways and promotions going on in the next couple of weeks.

It's not as though they need to do it though, the fans will always come back no matter what happens.

The players know it, the owners know it and that's why the opening face-off for this season wasn't in October.

Sports writers and photographers needed
contact Ted at 828-5260
or drop by rm F18 of the Crossroads Building

Healthy Males Required Immediately

Forty percent of all reported infertility is now male in origin. As a result, many young couples could be denied the chance to have children without access to donor insemination

If you are a male between 18 and 30 years of age, have humanitarian instincts, and would consider being a sperm donor, phone the **C.A.R.E. Centre** weekdays between the hours of 9:00 a.m.-12:00 noon and 2:00-4:00 p.m., or write us for further information. All inquiries are held in strictest confidence.

Suitable expense reimbursement for successful candidates is guaranteed.

C.A.R.E. Centre 649 Queensway West, Mississauga Ontario L5B 1C2 (At Mavis Road)

Hitmen win big last week

continued from page 16

the challenge and countered with their own physical play themselves.

The big news for this game was the return of Abbas Khan to the line-up. Khan had an immediate impact, posting three points in his season debut. Darryl Rankin, Gerry Harte and Brian Currie all had strong games as well, combining for nine points and a majority of the ball control. Rankin, however, got himself into penalty trouble in the second half receiving a double-minor removing him from the game and forcing him to miss the upcoming match with a one-game suspension.

Big Kids' keeper Maurice Cristello did play well in this game. He consistently kicked out the first shots from the Hitmen, but his defence fell short of clearing the ball as most Hitmen goals came on rebounds. Kevin Burrows was the only defenceman who managed to keep the speedy Hitmen forwards away from the net. Scoring for Big Kids was Dario Belavic on a quick one-timer shot. As predicted from the beginning of the year, Motan Amin will have to concentrate on playing hockey instead of being an aggravator for this team to have any success.

Big Kids face the Streethawks this week in what will prove to be the battle for the last play-off spot. The Hitmen have drawn the bye this week, and they will need the rest as they play the Possums the following week in what will prove to be the battle for first place.

Sons of Jor-el 3
Rage Against the League 3

With the superman squad favoured to win, RATL had to dig deep to pull out the tie in this one.

Jor-el jumped out to a quick 2 - 0 lead with goals by Tom Bratovz and Navdeep Sharma. John Greer was able to use his weightlifting expertise to provide immovable screens on the RATL keeper.

Yet, by the end of the first half, RATL started to take the body, exemplified by Steve Mason's thunderous body check on Jor-el forward Martin Borean. Borean held his composure and heroically came back from an ominous rib injury to finish the contest. The referees seemed to be looking the other way on this play, and no penalty was called. RATL's effort was rewarded with a weak goal by Mason. Greg Milner provided the equalizer on a sweet pass by Steve Naudie, frustrating the Jor-el squad even further. RATL then went ahead on a marker by Jason Allen with under ten minutes remaining in the game. Jor-el finally regained their composure and responded with a beauty shot from the point by Paul Riopelle that bent the twine. Both goalies, Jay Blanchard of RATL and Andre Namoth of Jor-el played solid games in a match-up that has been labelled as one of the roughest encounters in E.B.H.L. this season.

Premier Ball Hockey Players of the Week

ranked Canada's #1 health club by the I.P.F.A.

Craig Lawlor
Team: Hitmen, Inc.

Craig scored four goals and earned two assists this week. Craig also scored the prettiest goal seen in the E.B.H.L. manouvering around three defenders finally depositing the ball in the net.

Stephanie Campbell
Team: Rough and Tough In the Buff

Stephanie, a former goalie, scored six goals and earned one assist in her game this week. Stephanie also plays hard on defence helping her team at both ends of the gym.

Both players will receive complimentary three-month memberships from Premier. Winners are asked to take this ad and photo id to Paul Godden at 1100 Burnhamthorpe W. to receive their prize. Congratulations.

Frontrunners and Knights of Lancaster tie 2 - 2 in rough, tough, exciting game

By Jason Allen, Rinku Ghei, Ted Henley and Paul Paradine

Physical play is a key aspect in all divisions of the E.B.H.L. This player found out the hard way. *photo by Jamie Tyndall*

Things are shaping up for an excellent season in B, as many teams are beginning to gel. Most of the favourites won again this week, but next week will be a different story as top-ranked teams start to play each other.

D.D.W.U. had the bye and they will need their rest as they face a flying Youngblood team fresh off of an inspiring win over No Chickens.

Team Vu 7
Vipers 2

By beating the Vipers this week, Team Vu displayed that they can score goals as well as defend.

Team Vu has been criticized in the past for a lack of offense, and the loss of several of their key forwards this season put their scoring capabilities in question. However, these doubts proved to be unfounded as the new Vu forwards more than filled the gap.

Newcomer Clayton Kollee, acquired from the now defunct Bedrock Brew Crew, scored a hat-trick in this game as he overpowered the Viper defense in front of the net to pound in every rebound he saw.

Mike Leroux, Brad Marchand, Gary McDonald and John Goicechea rounded off the rest of the scoring for Team Vu.

The Vipers played a fairly decent game just failing to capitalize on their opportunities.

Several times near the beginning of the match, it looked like the Vipers might build up a lead, but they just didn't seem to be able to convert their chances into points. Vu keeper, Roger Howard, stood strong, stopping everything in sight.

The Vipers should recover and fare better in other games if they start to score more goals.

FrontRunners 2
Knights of Lancaster 2

In what was probably the B Division Game of the Week, the third-ranked Knights of Lancaster nearly found themselves upset by the up-and-coming Frontrunners. Initially thought to be just a team with good-looking sweaters, the Runners quickly took the lead in this game.

Rinku Ghei blasted the ball past the Knights' goaltender who was caught watching the defenceman's jersey instead of his shot.

The Knights quickly responded with Matt Perrotta tying the game to set the stage for a fast and rough second half. Both teams showed why they will fight with Team Vu and The Fury for top spot in their division.

The Frontrunners looked particularly impressive in the first half but the Knights were fighting back.

Finally, near the middle of the second half, the Frontrunners took the lead on a goal by Dean Renpenning. The Frontrunners kept the lead until near the end of the period when, with only twelve seconds left in the game, Alan Marasovic of the Knights pocketed the goal and avoided an upset by tying the game at 2 after a bad line change by the Frontrunners.

Look for both of these teams to fight for the number one spot in their division as both looked very strong.

Youngbloods 2
No Chickens 1

In this tight match-up the favoured Youngbloods team barely squeaked through with the win.

The story of this game was the goaltending as both keepers played well. Scoring for No Chickens was Theo Nicktopoulous on an unassisted effort.

For the Youngbloods the goalscorers were Parry Singh from Darrin Barring; the game-winner was scored by Ravi Johal on a nice pass from Ajay Sura.

Youngbloods will have a tough time this week as they face Don't Duck With Us. No Chickens will face the Chiefs this week in what will prove to be the Game of the Week.

Who's Next 4
The Unknowns 0

The surprise of this game was the fact that Who's Next failed to rack up more than four goals. Even though Unknown keeper Anton James played well, it was the Who's Next forwards who could not finish off the plays.

Leading the scoring for Who's Next was Ranbir Singh who posted the hat-trick and two assists to boot. Tarinderjit Sidhu rounded off the scoring for Who's Next, capping the win.

Mark Giardine posted the shutout for Who's Next and has only let in one goal this season so far. Giardine even earned an assist on Singh's second goal helping the offensive end of the game as well.

Who's Next had better muster-up some more offence this week as they face the fiesty Silverhawks. If Who's Next cannot produce more firepower, look for the Silverhawks to steal a victory.

The Unknowns square off

see "Who's Next offence in question" on page 18

Men's Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
10-11	Screaming Eagles vs. Free Agents #2	Free Agents #1 vs. Crusaders	Team 50 vs. Who's Asking	Free Agents #1 vs. President's Choice	President's Choice vs. Who's Asking
11-12	Unknowns vs. All Presidents Men	Vipers vs. Sweathogs	Frontrunner vs. Affirm Action	Team Vu vs. Midget Warriors	Out on Parole vs. Silverhawks
12-1	Chiefs vs. No Chickens	Rage A.T. League vs. Streethawks	D.D.W.U. vs. Youngbloods	Possums vs. Sons of Jor-el	
1 - 2	C.C.C.P. vs. Big Kids	Red Star Erindale vs. The Fury	Who's Next vs. Silverhawks		Streethawks vs. Big Kids
2 - 3				Crusaders vs. Tap Dancing Clams	Reservoir Dogs vs. Mighty Bl. Ducks

Note: This is not the official schedule. The official schedule is posted by the gym. For defaults the official schedule will be deemed correct.

Surprises everywhere as Squared and Buried tie Material Girls in tight game

By Dom Mochrie and Paul Paradine

Squared and Buried 0
Material Girls 0

In a surprise result this week, last last year's defending champions Squared and Buried barely tied the determined Material Girls squad in an exciting defensive battle.

Squared and Buried were heavy favourites in this match-up, but because of a limited bench, found themselves playing in their own end for most of the game. The speedy Material Girls' forwards created the constant pressure on Squared and Buried.

Squared were forced to play solid on defence. Keeper Andrea Collins and the rest of Squared held strong as the Girls' forwards peppered the net with shots.

Squared and Buried are certainly still contenders for the champi-onship, but they will need to get more players out for their games if they want to repeat as E.B.H.L. champs.

Squared can not expect Laurie Bamford to play the entire game every week.

Look for the Material Girls squad to frustrate a few more favourites this season with their fast-paced playing style.

Rough and Tough in the Buff 7
Collision Course 4

An impressive win for Rough and Tough in the Buff. RTB's star forward Stephanie Campbell single handedly controlled the game, scoring an amazing six goals and assisting on the seventh. Strong defence and goaltending for RTB contributed to their win.

Collision Course played well in the first half but seemed to tire in the second.

With improved goaltending and teamwork, Collision Course's first win could be just around the corner - possibly against the Funky Divas this week.

Rough and Tough in the Buff have an important game on their hands this week as they face Squared and Buried. An upset might be in the air this Thursday; go and check it out.

Delirious Dames 2
Little Rascals 2

What an improvement from last week. These first year Dames started off last week's game on the right foot by holding the Little Rascals to a tie. In the opening half Patricia Gabryl of the Dames scored the first goal of the team's history.

However, the Little Rascals did not let their guard down and followed up with two quick goals to capture the lead. The determined Dames salvaged the game when Kim Philpott brought the score to 2 - 2 late in the second half.

Delirious Dames 3
Dazed and Confused 0

Dazed and Confused's troubles began early when they scored the opening goal on their own net. The Dames, who have rebounded remarkably from their 15 - 0 loss to the Best In the World last week, played very aggressively; Kim Philpott and Antonella scoring one goal in the first half.

Rookie keeper Sharlene Thomas savoured her first shut-out of the season, stopping several break-aways and shots en route.

The Best In The World 9
Looney Tunes 1

The Best In the World easily walked away with this one, bouncing Looney Tunes around the gym.

Amy Gilmour led the way for BITW with two goals and three assists and contributing well on defence. Lori Bordeau and Fio Rainusso both popped two goals each. Tehmina Ahmed, Lila Riveros and Ayesha Khan all had singles.

Beth Bennet also had a strong game playing aggressively on defence. Scoring Looney Tunes' lone goal was Denise Terhaar on a nice one-timer shot.

BITW will easily beat Dazed and Confused, but might have some trouble with the Little Rascals. Despite the trouble look for BITW to post two more wins to their record. Looney Tunes are facing the Pub Knights in a game that will be a close match. The odds makers are hinting at a tie.

Women's Ball Hockey Re-Scheduling Policy

If a team would like a game re-scheduled, 7 days notice must be given. This notice must be given to one of the commisioners. The game will be re-scheduled only if there is a mutually agreeable time available with both teams involved.

Note: Written requests for re-scheduling does not guarantee that the game will be changed

Any changes to the current schedule will be highlighted and the involved team captains will be notified in advance.

Who's Next offence in question

continued from page 17

against All the President's Men in a game that will give the Unknowns a definite win.

Sweathogs 12
Midget Warriors 1

The Sweathogs walked away with this one, easily defeating the Midget Warriors. The Warriors could not stop the constant pressure and onslaught of the speedy Sweathog forwards.

Jason Gomes and Alex Mankowski led the scoring for the Sweathogs, both posting hattricks. Rob Iarobino, Greg Rawn and Kenny DeJong rounded off the scoring for the Hogs.

Dennis Varganyi scored the lone goal for the Midget Warriors breaking the Hogs' shut-out.

The Midget Warriors face Team Vu this week and will be blown-out again. On the other hand, the Sweathogs will win two in a row as they face the Vipers this week.

All the President's Men 5
Silverhawks 0

All the President's Men shut out the Silverhawks this week in a game that could have been worse for the losers. In a game that was rough from the beginning the fans were not let down as both teams tested the referee's patience.

Rich Gonzalves led the scoring for the President's Men with two goals and two assists. Tony Malozzi added two goals of his own and Dave Petrelli rounded off the offence.

All the President's Men will have a tough time this week as they face the tough Unknown team (who are coming off an impressive showing against Who's Next).

The Silverhawks will also have a tough time this week against the Out on Parole team - but they might squeak through with a win.

Who says the Erindale league is non-contact? *photo by J. Tyndall*

Red Star Erindale 6
Affirmative Action 4

Unquestionably this was one of the games of the week. Both teams came out flying, but as usual, the team that did not get into penalty trouble won the game. Affirmative Action got themselves into penalty trouble consistently throughout the game.

Omar Alikhan earned three penalties giving himself a one-game suspension. AA did manage to pop a few goals though. Leading the scoring for AA was Paul Curran with two. Shabaz Alikhan rounded off the goals for AA, while Andy Jung earned two assists. Leading the way for Red Star Erindale was Vidak Curic with three goals and two assists. Bob Puri popped a single for his side, and Bob Stojkov rounded off the scoring with two.

AA play the Frontrunners in a game they are not picked to do well in. Red Star Erindale face the Fury this week in a game that is a toss-up for predictions.

Chiefs 5
Out on Parole 1

The Chiefs walked away with this one, beating Out on Parole easily. The score is not a good indication of the game as it could have been much worse for Out on Parole.

Dave Premier was the star of this game, scoring four goals and helping on defence as well. Chris Buttigieg rounded off the scoring for the Chiefs. Scoring the lone goal for Out on Parole was John Metcalf on a nice pass from Maen Saleh.

The Chiefs face No Chickens this week in a game that will be tough to call by the bookies.

Women's Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8 - 9	Chicks W/ Sticks vs. R+T in the Buff		Collision Course vs. Funky Divas	R+T in the Buff vs. Squared + Buried	
9 - 10	Delir. Dames vs. Never 2 Trashed				Best in World vs. Little Rascals
10-11					
11-12					
12-1					Chicks W/Sticks vs. Material Girls
1 - 2					
2 - 3	Best in World vs. Dazed + Conf.used				
3 - 4					
4 - 5			Loooney Tunes vs. Pub Knights		

Note: This is not the official schedule. The official schedule is posted down by the gym. For defaults the official schedule will be deemed correct.

medium II CLASSIFIEDS

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•Chemistry Ph.D. with teaching experience (including chemistry for MCAT) will offer assistance with basic courses in chemical sciences. Reasonable rates and convenient location, *call (416) 398-6806.*

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ECARA

ERINDALE COLLEGE ATHLETICS AND RECREATION ASSOCIATION

Co-ed Snow Pitch Softball Tournament

SATURDAY, FEBRUARY 4, 1995
PLAY WINTER BALL AT ERINDALE
TEAM ENTRIES DUE WEDNESDAY, JANUARY, 25,

Women's Intramural Tournaments

8-Ball Pool entry deadline January 30, 1995
Tournament date Wednesday, February 1, 1995
Arm Wrestling entry deadline February 3, 1995
Tournament date February 9, 1995
Basketball Skills Contest entry deadline Jan. 24
Ball Hockey Skills Contest entry deadline Jan. 25
Sign up in the ECARA office

Commissioners and convenors needed for women's skills contests and tournaments. Please apply within the ECARA office.

Work-Out - Work-Off Holiday Dinners Fitness Classes

Cardio-Funk, Body Sculpt, Combo, Step

$30 for the term (Fee includes unlimited classes)
Join the best weight-room in Ontario

WINTER CARNIVAL

Snow Sculpting
Thurs. Jan. 26, 1995
Sculptures will be judged that day!
USE YOUR IMAGINATION

BE LAS VEGAS BOUND!

Support the Men's Division I Interfaculty ice hockey team as they venture off to the far reaches of the continent to capture the glory of numerous championships.
Fundraising tickets available soon, first place is a trip for two to Las Vegas
Proceeds also help support the Special Olympics, contact ECARA for more details.

HOW TO BECOME A CERTIFIED COACH!!!

THEORY teaches important principles of coaching such as planning, sport safety, skill analysis and growth and development.

+ TECHNICAL presents the skill and drills of each sport as well as sport-specific information on rules of play, equipment and skill development.

+ PRACTICAL provides coaches with feedback on their ability to apply coaching knowledge through self, peer or examiner evaluation.

CERTIFIED
LEVEL II COACHING THEORY

DATE:	Jan. 21, Jan. 22, Jan. 29
TIME:	9 a.m. to 5 p.m.
LOCATION:	Erindale College Room T.B.A.
COST:	$55. (includes manual)

Course presented by The Ministry of Culture, Tourism and Recreation, The Ontario Sports Centre Leadership Training Office and The Coaching Association of Canada

You must have completed the level one coaching requirements or have a degree in Recreation or Physical and Health Education before taking level II.
For more information call the Athletic Department 828-3712

MISSISSAUGA OPEN

WEIGHTLIFTING COMPETITION
at Erindale College
Saturday February 4, 1995
10 am to 6 pm

List of EXCITING lifters includes:
World Champion- Antonio Krastev
Bronze medalist and World Champion- Julie Malenfant
PLUS over 60 national olympic lifters
Erindale students admitted free of charge!

DON'T BE A SPECTATOR...GET IN THE GAME!

TIME TO PLAY

WHY, YOU MIGHT SAY..... YIKES!
STEVEN ROBERT MOORE © '94
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HAVING SPRINGS FOR LEGS
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THREE NIGHTS OF NON-STOP PARTY

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3 REASONS TO "PARTY TILL YOU DROP"

1. GUYS & GIRLS-NO COVER

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$8 COVER

FUEL UP FOR $1.08 BEFORE 12 A.M.

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FOR PARTY RESERVATIONS CALL 625-107-8

FUN STUFF

COUNTRIES: Many words can be broken down into several smaller words. For example, contained within the seven-letter word 'forebear' are the words for, or, orb, be, bear, and ear.
Can you find a seven-letter word which not only contains the name of a country but also the commonly used initials of two further countries?

Quotes of the Week

(On the number one rule to follow if you want to become a skilled socialite:)

Candor is a crippling deficiency in polite social intercourse. –Tim Clark

10. Fresh strawberries
9. pistachios
8. Roasted almonds
7. miso soup
6. Roasted chestnuts
5. cantaloupe
4. popcorn
3. porridge
2. carrot sticks
1. guacamole

PERSONALS

Alternative Lifestyles: Couple ages 21 and 22 seeks couple ages 20 to 26 with no inhibitions for nights of wild fun and games, and whatever comes naturally. Please respond in this column next week.
Anonymous

TOP TEN WAYS TO REDUCE STRESS - BY DAVE POLITZER

10) Cactus watching

9) Beating a loved one over the head with an iron pipe singing popular Raffi tunes and occasionally yelling "Sing with me damn it! Sing!"

8) Machramai

7) Listening to those ole' classic Bee Gee's albums again and again, hour after hour, embracing the harmonic brilliance which pours out from their throats like sweet cantaloupe nectar. Not.

6) Masturbating to Tchaikovsky.

5) Twisting and turning your brothers nipples while shouting "Name five breakfast cereals."

4) Urinating off tall buildings (especially on windy days).

3) Some more cactus watching

2) Being the eighth caller on your favourite radio station and winning a trip to Scarborough.

1) Spending all day in a locked room with your dog Fluffy. Spending the next day in solitude thinking about the day you just had with Fluffy.
Submit your own lists to the Composite Editor at the *medium II* offices, located in Room F18 of the Crossroads Building.

Answers from Last Issue

Odd one Out
Prevent: the others have two pronunciations.

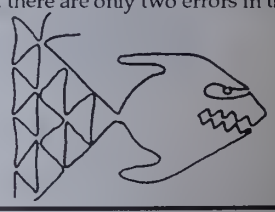
Coded Message
Take a letter after E in each word, to reveal the message "MEET ME TONIGHT".

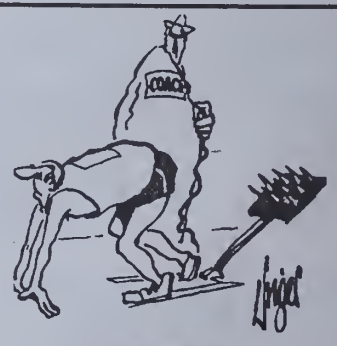
Rhyming Pairs

1. Cocky Jockey	6. Admire Attire
2. Russian Cussion	7. Annoy Boy
3. Main Drain	8. Treasure Leisure
4. Exact Fact	9. Cook Book
5. Tipsy Gypsy	10. Rare Pair

Proofreading Puzzle
The first error is using the word their instead of there. The second error is spelling error as errer. The third error is saying, in the paragraph, that there are three errors, when in truth there are only two errors in the paragraph.

Planchette Puzzle





"On your mark... get set..."

Dance for Heart

Wed. February 1

12-3 Aerobics & a break every hour on the hour. See our booth from 11-3 on Thursday in the Meeting Place for more info.

Swim For Heart

March 15, Mississauga YMCA
8-9:30 p.m. / Deep Water Aquafit
9:30-11p.m. / Fun Swim

..AND GO! TO THE ANNUAL HEART AND STROKE FOUNDATION DANCE FOR HEART AND SWIM FOR HEART EVENTS. THESE ARE THE MOST IMPORTANT FUNDRAISERS OF THE YEAR TO RAISE MONEY FOR THIS WORTHY CAUSE. SWIM FOR HEART TAKES PLACE ON WEDNESDAY MARCH 15, 1995 AT THE MISSISSAUGA YMCA. THIS IS A FUN EVENT WITH NO PRESSURE TO SWIM LENGTHS. CONTACT KATIE AT 607- 5270 FOR INFO ON HOW TO GET STARTED. DANCE FOR HEART IS BEING HELD THIS YEAR ON FEBRUARY 1ST IN THE ERINDALE GYM. LAST YEAR, ERINDALE HELPED TO RAISE HUNDREDS OF DOLLARS AT THESE TWO EVENTS, SO WHY NOT COME OUT AND GIVE SOMETIME TO A WORTHY FUN CAUSE, AND MAYBE EVEN WIN A PRIZE!